



**Bucknell  
Women's Track & Field  
Cross Country  
Record Book**

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# Bucknell Women's Track & Field Record Book

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# LETTERWINNERS

## A

Abraham, Gina 1990-91-92  
Abrecht, Cindy 1993-94-95-96  
Accettura, Linda 1979-80-81  
Acre, Kelsey 2010-11-12  
Adams, Nora 2013-14-15-16  
Agege, Efe 2015  
Allen, Lisa 1994-95-96  
Allen, Lori 1997-98-99-00  
Allen, Mary Beth 1987-88  
Anderson, Haley 2012-13-14-15  
Ando, Emily 2011-12-13-14  
Appel, Lindsay 2008-09-10  
Asimoglou, Andrea 2009  
Augeri, Vanessa 2002  
Auman, Alexis 2016-17  
Avila, Kelly 2001-02  
Avilleria, Ashley 2009  
Ayala, Nicole 2005-06-07-08

## B

Babcock, Kimberly 1986-89  
Bak, Jolene 1979  
Baldwin, Cindy 1994-95  
Bango, Stephanie 1999-00-01-02  
Barnabeo, Susan 1979  
Barnes, Tanya 1993-94-95  
Barrow, Jennifer 1999  
Barrow, Lindsay 1998-99  
Baylor, Michelle 2000  
Baytop, Alison 1978-79-81  
Beer, Hanna 2017  
Behre, Ashley 2006-07-08-09  
Beisser, Andrea 2000-01  
Beland, Brittany 2008-09-11  
Bella, Sarah 2009-10-11-12  
Bellofiore, Lisa 1995-96  
Bendzinski, Christine 2015-16-17  
Benson, Shannon 2001-02  
Benson, Trudi 1985-86-87-88  
Bettner, Leah 2010-11-12-13  
Beyer, Hope 2017  
Bickerton, Andrea 1982  
Bielitz, Sara 1994-95  
Bierly, Stephanie 1994  
Bigley, Tacy 1985-86-87-88  
Bikis, Katrina 1979-80-81-82  
Billas, Alison 2013-14-15-16  
Bischoff, Ann 1977-78-79-80  
Bittel, Beth 1980-81  
Bittner, Katherine 1980  
Bjorkeson, Isabella 2016-17  
Black, Anna 2015-16  
Black, Kerri 1996-97-98-99  
Blank, Kate 1998-99-00  
Blondy, Rachael 2012-13  
Bogulski, Mykayla 2012  
Bourgal, Andrea 2013-14-15-16  
Bourn, Edwina 2000

Bowen, Hanna 2012  
Bower, Samantha 2009-10  
Brady, Charity 2000  
Brandenburg, Susan 1979  
Braunegg, Beth 2011-12-13  
Brennan, Sharkey 2016  
Bretscher, Kristin 2008-09-10-11  
Bridle, Jess 2013-14-15-16  
Brooks, Darlene 1979  
Brooks, Jessica 2001  
Brown, Chloe 2015-16-17  
Brown, E. Michelle 1978-79-80-81  
Brown, Joylyn 1995-96-97-98  
Brundage, Abigail 2013-14-15-16  
Brunns, Kris 1982  
Bryan, Stephanie 2011-12-13-14  
Bryant, Nisa 1995-96-97  
Buckley, Colleen 2016-17  
Burke, Jenny 1982  
Burke, Molly 2007-08  
Burrell, Joann 1980  
Burston, Abby 1979  
Byrd, Paula 1991-92

## C

Calandro, Jenna 2015-16-17  
Cameron, Laura 1982  
Canfield, Sarah 2011-12-13  
Caragher, Joan 1979  
Cardamone, Denise 1997-98-00  
Cardillo, Alyssa 2011-12-13-14  
Carnahan, Monica 1992  
Carroll, Amber 2013-14-15-16  
Carroll, Meghan 2013-14-15-16  
Casalnova, Hana 2011-12-13-14  
Cavanaugh, Caitlin 2009-10-11-12  
Chandler, Sarah 2014-15-16-17  
Chapman, Alexandra 2010-11-12-13  
Chiodo-Ortiz, Anna 2016-17  
Chodoff, Alaina 2008-09-10-11  
Christian, Sara 2015-16-17  
Cipolla, Kimberly 1987  
Cluzel, Susan 1977-78  
Cobb, Alyson 2006-07-08-09  
Cochrane, Mikayla 2017  
Coffin, Kelcey 2007-08-09  
Coletti, Michele 1985  
Colvin, Kim 1984-85  
Conboy, Kathleen 1981  
Conboy, Mary 1979  
Conover, Adele 1994-95-96-97  
Constantino, Emily 2013  
Contrino, Sydney 2017  
Cosulich, Jeanne 1983  
Cousins, Emma 2015-16-17  
Cranmer-Hart, Erin 2005-06-07-08  
Crossman, Julia 1980-81-82-83  
Crowe, Christina 1999-00-01-02  
Cundey, Laura 2007-08-09-10

Cunneen, Bethlyn 1978-79-80  
Curry, Ashley 2005-06-07-08  
Cutrufello, Lisa 2002  
Czaja, Gabi 1982-83-84-85

## D

Dahl, Heather 1986  
Daigneault, Jessica 2008  
Daley, Allison 2013  
Dalzell, Jenny 2006-07-08-09  
Daniels, Liz 2013-14-15-16  
Daniels, Yetunde 1998-99-00  
Davidian, Maddie 2015-16  
Dean, Bridget 1992-93-94-95  
Deardorff, Kris 1989-90-91  
DeBiasi, Clara 1991  
Debraggio, Mara 1981  
DeBrun, Sarah 1996-97-98-99  
Decker, Sarah 2014-15-16  
Del Rio, Pamela 1982-83-84-85  
Delfs, Kimberly 1996  
Dempsey, Kati 2006-08-09  
Dennis, Theresa 1998-00  
Dennison, Ginna 1999-00  
DeRonde, Jodi 1994-95-96-97  
Desharnais, Kelly 2009  
DeYoung, Kristen 2008-09-10  
Dibb, Eileen 1988  
DieCas, Kate 1994-95-96-97  
Diehl, Leighann 2008-09  
Diercks, Julie 1991-92  
Dignazio, Lisa 1982-83  
DiGregorio, Alexa 2015-16-17  
Dillon, Alison 2012-13-14  
Dinardo 1985  
Dinardo, Corinne 1987  
DiPietrantonio, Montana 2012-13-14-15  
Dittman, Diana 1989-90-91  
Dolen, Emma 2017  
Donaghy, Allison 2009-10-11-12  
Donaghy, Erin 2009-10-11  
Donovan, Elizabeth 1982-84  
Doty, Ann 2004-05-06-07  
Douglass, Jane 1978  
Drake, Megan 1997  
Dulac, Maddie 2012-13-14-15  
Dunnaway, Tanya 1977

## E

Easse, Stephanie 2014-15-16-17  
Eastman, Karen 1994-95-96-97  
Eckles-Shehadi, Gabrielle 2012-13  
Edinger, Betsey 2012-13-14-15  
Edwards, Patricia 1981  
Ellery, Dawn 1991-92  
Ellis, Molly 1995  
Emons, Lesley 2005-06-07-08  
Episcopo, Ella 1989-90-91-92  
Eppelman, Rebecca 2006-07-08-09

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Evans, Stephanie 2007-08-09-10

## F

Fahey, Shaylyn 2016-17  
Falcaro, Nicole 2006-07-08-09  
Fantauzzo, Katie 2000-01-02-03  
Farmer, Jenna 2016-17  
Fayanjuola, Tolu 2002-03-04-05  
Feddern, Lynn 1981-82  
Ferrell, Kristin 1999-00-01-02  
Fertik, Lonnie 1980-81-82-83  
Fink, Mariel 2004-05-06-07-08  
Fischman, Elizabeth 2011  
Fisher, Emily 2015-16-17  
Fisher, Margaret 1981  
Fitzgerald, Kathleen 2014-15-16-17  
Flanagan, Karen 1981-82-83-84  
Flanders, Jen 1995-96-97-98  
Foley, Eileen 2008-09-10-11  
Folger, Kat 2009-10-11-12  
Forer, Chessa 2005-06-07  
Forrestal, Lexi 2017  
Foster, Kathy 1980-81-82  
Frate, Meghan 2009-10-11-12  
Frederick, Megan 2003-04  
Frey, Rebecca 2008-09-10-11  
Fulmer, Stephanie 2009-10-11-12  
Funk, Taylor 2009-10-11-12

## G

Garcia, Maria 2001-02-03-04  
Garretson, Laura 1982  
Garth, Cheryl 1978-79-80  
Gaston, Zoe 2012-13-14-15  
Gavigan, Colleen 2008-09  
Gaydos, Laura 1980-81-82-83  
Getkins, Kasey 2016-17  
Ghiggeri, Meg 1998-99-00-01  
Ghlhaus, Kelly 2006  
Gilbert, Victoria 2005-06-07-08  
Godby, Deanna 2013-14-15-16  
Goeke, Leah 2010-11-12-13  
Golden, Michelle 2012-13-14-15  
Gouger, Liz 1985  
Gow, Jamie 2003-04  
Grant, Jennifer 2007-08  
Grap, Marjorie 2004-05-06-07  
Gray, Dawn 1985  
Graytock, Carly 1997-98-99-00  
Greenfield, Hanna 2014-15-16  
Greenspan, Betsey 1978  
Gregg, Susan 1979  
Greiner, Jesselyn 2002  
Grele, Lisa 1978-79  
Griffiths, Alexa 2008-09-10-11  
Groman, Sarah 2004-05-06-07  
Gronbeck, Lauren 2017  
Grosskurth, Kelly 2009-10-11-12

## H

Haas, Stacey 2006-07-08-09  
Hafer, Jennifer 1994-95-96  
Haggard, Scott 1982  
Hall, Angie 2004-05-06-07  
Hall, Connie 1986-87-88-89  
Hall, Tina 1994-95-96-97  
Halloran, Kayla 2003-04-05  
Hamlin, Annie 1996-97-98-99  
Hamlin, Connie 1996-97-98-99  
Haney, Chrissy 2013-14-15-16  
Hansco, Colleen 2016  
Hanns, Chanell 2002  
Hanson-Hall, Offeibea 2005-06-07-08  
Harbst, Dana 1990-91-92  
Hardenstine, Stephanie 2008-09-10-11  
Harkrader, Deborah 1984  
Harms, Mollie 2004-05-06-07  
Harper, Kathryn 1984  
Harris, Emma 2015-16-17  
Hart, Jennifer 1998-99-00  
Hart, Kathleen 2006-07  
Hassett, Kim 2006-07-08-09  
Hathaway, Megan 2006-07-08-09  
Hazzard, Lauren 2016-17  
Healy, Erin 1997-98-99-00  
Heck, Mary Kate 2003-04  
Hecker, Suzanne 1979-80-81  
Heidecker, Erin 2007-08-09-10  
Henry, Lynne 1982  
Hexter, Melissa 2013  
Hibbert, Jessica 2006-07-08-09  
Hile, Kelly 1998-99  
Hinton, Tameka 1992-93-94-95  
Hixson, Karen 1980  
Hoch, Emily 1997-98-99  
Holbrook, Erin 2011-12-13  
Hollister, Holly 1987-88-89-90  
Holroyd, Bethany 1999  
Hooper, Alysha 2009-10-11-12  
Horleman, Erin 2012-13  
Horn, Karen 1994-95-96-97  
Horner, Jennifer 2014  
Hornock, Sasha 2010-11-12  
Hoskins, Kelly 1983-84  
Houseknecht, Heather 1994-95-96-97  
Hudson, Lauren 2015-16-17  
Hughes, Mary-Lynne 1986  
Hykes, Danielle 1999

## I

Ibenana, Yvonne 1999  
Idell, Megan 1993-94  
Ievers, Lisa 1999  
Irion, Hannah 2004-05  
Irvine, Michaela 2014

## J

Jakoboski, Julie 2003-04  
James, Jennifer 1990-91  
James-Wintjen, Kalle 2007-08-09-2010  
Janda, Allison 2007-08-09-10  
Jardine, Suzanne 1978  
Jensen, Kathleen 1986  
Jessee, Katie 2012-13-14-15  
Johansson, Paulina 2016  
Johnson, Amy 1994  
Johnson, J. Leah 1992-93-94-95  
Johnson, Leah 1993  
Jones, Hannah 2011-12  
Judkins, Melanie 1995

## K

Kalnins, Ellen 2014-15-16  
Katila, Lee Ann 1987  
Kavalus, Meghan 1997  
Keiser, Jennette 2000  
Keller, Stephanie 2001-02-03-04  
Kennedy, Taylor 2017  
Kenney, Jamie 2015-16-17  
Kent, Jennifer 1987  
Kernisan, Geri 1989-90-91-92  
Kerr, Olivia 2010-11-12-13  
Kesler, Margaret 1994-95-96  
Killen, Erin 1998  
Kim, Hee Hyun 2002  
King, Lauren 1997-98  
Kinsey, Lauren 2003-04-05-06  
Kirk, Megan 2013-14-15-16  
Kirschner, Jen 1997-98-99-00  
Klotz, Samantha 1999-00-01-02  
Knapp, Karen 1984  
Kobielski, Sarah 1998-99  
Kobielski-Edwards, Sarah 1997  
Kobza, Cathrine 2012-13-14  
Koch, Sue 1982  
Kodak, Kelsey 2012-13  
Kokulis, Kim 1982  
Koumas, Alexandra 2017  
Korhammer, Heather 1987-89  
Korrell, Gena 1987-88  
Krause, Casey 2008-09-10-11  
Kretz, Lisa 1978-80  
Kronquist, Amanda 2007  
Krout, Jan 1979-80  
Kyzmir, Kristin 1999-00-01-02

## L

Labate, Leigh Ann 2013-14-15-16  
Ladany, Susan 1981-82  
Lamoureux Laruen 2014-15-16-17  
Lancto, Elizabeth 1994  
Lanewala, Rehana 2002-03-04-05  
Lapszynski, Kimberly 2014-15-16-17  
Leacock, Jamie 2008-09-10-11

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Lebda, Melissa 1994  
LeCates, Joan 1979-80-81  
Lederman, Sara 2010-11-12-13  
Lee, Erin 2001-02-03-04  
Lee, Tara 2013-14-15-16  
Leo, Teresa 1982-83  
Leonard, Karen 1995-96-97-98  
Leopold, Roberta 1978-79-80  
Levin, Michelle 1985-87  
Liggett, Emily 2009-10-11-12  
Lilen, Jamie 2001-03-04  
Lilen, Jamie 2002  
Lockwood, Alison 2012-13-14-15  
Lodato, Chelsea 2011-12-13-14  
Loh, Grace 2014-15-16-17  
Lommerin, Paige 2013-14-15-16  
Londregan, Melissa 1998-99  
Lopez, Miriam 1997  
Lorch, Susan 1985-86  
Lucke, Carli 2015-16-17  
Luderer, Emily 2004-05-06  
Ludwigson, Elizabeth 1984-85-86-87  
Lutzker, Laura 2011-12-13-14  
Lynch, Courtney 2005-06-07-08  
Lynn, Nicole 2000-01-02-03  
Lyons, Paula 1992-93-94-95

## M

MacDonald, Diane 1978  
MacDonald, Kiley 2002-03  
Magovern, Meg 1997  
Maher, Shannon 1999-0001-02  
Maier, Alyssa 2008  
Malcolm, Jennifer 2001-02-03-04  
Malone, Cherie 2010  
Malsky, Lauren 2009  
Manero, Denise 2005-06-07-08  
Mangan, Linda 1997-98-99-00  
Manikowski, Michele 1997-98-99  
Mantush, Amy 2007-08-09-10  
Marsden, Catherine 1983-84  
Marsh, Jennifer 2002-03-04-05  
Marsh, Kelly 1988-89-90-91  
Marshall, Becki 2000-01-02  
Martin, Stephanie 2002  
Massey, Olivia 2010-11-12-13  
Mateja, Michele 1980  
Mateskon, Carolyn 2002-03  
Mathieson, Jessica 1995  
Matsinger, Jessica 2012-13-14-15  
Matta, Danielle 1995  
Maxwell, Kim 1990  
Mayer, Bridgette 1993-94  
McBride, Lynenette 1988-89-90-91  
McCalman, Candacy 2001-02  
McConnell, Kelly 1999-00-01-02  
McCullough, Jessica 2005  
McDonald, Devon 2013-14-15-16  
McFarland, Angela 2002-03-04-05

McGee, Juliet 1990  
McGrath, Kim 1997-98-99-00  
McSwain, LaTonya 1999-00-01-002  
McTavish, Mandy 1997  
McVicker, Darby 1995  
Mears, Amy 1993-94  
Meeker, Karen 1989-90  
Meling, Dawn 2003  
Meling, Robin 2001-02-03-04  
Menapace, Joanne 1986-87-88-89  
Mendygral, Michaela 2016  
Mestre, Yanelis 2012-13-14-15  
Middleton, Karen 1997-98-99-00  
Miller, Christine 2005-06-07-08  
Mincone, Gianna 2017  
Mincone, Michaela 2016-17  
Misko, Rebecca 2009-10-11-12  
Mitchell, Amy 1995  
Mitchell, Montana 2012-13  
Mockbee, Amanda 2005-06-07-08  
Mold, Victoria 2012-13-14-15  
Moles, Emily 2008-09-10-11  
Monaghan, Abby 2010-11-12-13  
Moniz, Sarah 2008-09-10-11  
Montalvo, Molly 2016-17  
Moriarty, Heather 2013-14  
Morrell, Katherine 2001-02  
Moyer, Arianna 2016  
Muccio, Christina 2009-10-11-12  
Muehl, Elizabeth 1991-92-93-94  
Murphy, Nancy 1979  
Musante, Chelsey 2007-08-09-10  
Myers, Audrey 1997-98-99-00

## N

Nadeau, Norine 1993-94-95-96  
Nagotko, Kim 2012-13-14-15  
Nagy, Laura 2002-03-04-05  
Narr, Madison 2016-17  
Nastase, Leanna 2004-05-06-07  
Nelson, Nancy 1981-82-83-84  
Newsome, Dawn 1989-90  
Nicholson, Stacey 1983-84  
Nnadi, Sophia 2013-14-15-16  
Noll, Jennifer 1996  
Nordquist, Gillian 2006-07-08-09  
Norris, Erin 2012-13-14-15  
Nyce, Andrea 1999-00-01-02  
Nykamp, Nancy 1981

## O

O'Connor, Jennifer 2003-04-05-06  
Odell, Deborah 1981  
O'Doherty, Meredith 1998-99-00  
O'Kane, Christine 2016-17  
Oladiran, Kafilat 2015-16-17  
Oleary, Janet 1994  
Olson, Judy 1982-83-84

Olson, Kimberly 1982-83-84  
O'Mahen, Colleen 1988-89-90-91  
O'Malley, Jennifer 1994  
Opdyke, Kristen 1990-91-92  
O'Reilly, Sharon 2013  
Orzechowski, Renee 2001  
Overturf, Kristen 1993-94-95-96

## P

Paciello, Rachel 2016-17  
Papili, Laura 2014-15-16-17  
Park, Jeesoo 2006-07  
Pasco, Hayden 1994  
Passmore, Debbie 1981-82-83-84  
Paz, Jackie 1989-90  
Pearse, Kylie 2012-13-14-15  
Pendleton, Elizabeth 2002-03-04-05  
Perazinni, Elise 2012  
Perry, Judy 1987-88-89-90  
Petermann, Jessica 1998-99-00-01  
Peterson, Mara 1998  
Pettaway, Elyse 2014-15-16-17  
Pfeifer, Katherine 2003-04-05  
Phillips, Jenna 2017  
Pierce, Jennifer 2007-08-09-10  
Pierotti, Rebecca 2004-05-06  
Piper, Nicki 2000-01-02-03  
Plasko, Tricia 1990-91-92  
Potts, Holly 2001  
Precht, Leslie 1978  
Price, Morgan 2017  
Prybella, Lisa 2005-06-07-08

## Q

Quackenboss, Dawne 1984-85-86  
Quintana, Jessica 1996-97-98-99

## R

Rafferty, Erin 2006-08-09  
Raffety, Kelly 2002-03-04  
Rasmussen, Jaime 2010-11-12  
Rasmussen, Karen 1979  
Read, Felisa 1994  
Read, Michaela 2013  
Reilly, Patti 1981-82  
Reiner, Carly 2014-15-16-17  
Reinhardt, Nina 2004-05-06-07  
Reynolds, Chelsea 2016-17  
Ricciuti, Emilia 2014  
Rice, Emma 2012-13-14  
Rice, Jennifer 1995-96-97-98  
Richardson, Pamela 1996-97-98  
Rinehart, Elizabeth 1982  
Robinson, Samantha 1983  
Roche, Morgan 2012-13-14-15  
Rodgers, Mary 1977-78  
Rogers, Beverly 2005-07-08  
Rohrig, Mary 1977-78

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Romanelli, Alexandra 2010-11-12-13  
Rooney, Rebecca 2017  
Rose, Lynda 1988-89-90-91  
Rowan, Elizabeth 2002  
Rowland, Sue 1987-88-89  
Rudd, Kirsten 2010-11-12  
Runkle, Barbara 1978-79  
Ruppert, Debbie 1979  
Russell-Brown, Debbie 1982  
Russo, Nancy 1981-82-83-84  
Ryan, Caitlyn 2011  
Ryan, Emily 2015-16-17  
Ryan, Erin 1990  
Ryan, Laura 1998-99-00-01  
Ryan, Maria 1993-94  
Rycek, Laura 2008-09-10-11

## S

Sabatino, Katie 2015-16-17  
Saeger, Alison 1988-89-90-91  
Saggers, Meredith 2003-04  
Salisbury, Kaitlin 2017  
Sanders, Linda 2004  
Sangimino, Meg 2015-16-17  
Sans, Valerie 2012-13  
Sawka, Carolyn 1991  
Sawko, Christa 2004-05-06-07  
Saxby, Paige 1998-99  
Scaramuzza, Amy 1977-78  
Schafer, Lindsay 2015-16-17  
Schaffer, Laura 2001-02-03-04  
Schellenberger, Autumn 2011-12-13-14  
Schilling, Sharon 1992  
Schipani, Meredith 1997-99  
Schmidt, Sharon 1994-95-96-97  
Schmidt, Victoria 2011-12-13-14  
Schnell, Justine 2012-13-14-15  
Schnitzer, Kathleen 1985  
Schoen, Mary 2000  
Schollenberger, Megan 2003  
Schulte, Kirsten 2012-13  
Schultz, Ella 2017  
Schultze, Amanda 2011  
Scott, Jen 2000-01  
Scott, Kate 2014-15-16-17  
Seaborn, Paige 2009  
Selonick, Emily 2007-08-09  
Sement, Defne 2017  
Sepe, Allison 2006  
Seward, Amy 1995-96  
Shafer, Julie 1994-95-96-97  
Shambaugh, Braidy 2004-05-06-07  
Shapelow, Rachel 2008  
Shapiro, Chole 2015-16  
Shariff, Khadija 2000-01-02  
Sharkey, Allison 2014-15-16-17  
Sharkey, Brennan 2015-16-17  
Sharkey, Beth 1999  
Shaw, Anna 1999

Sheprow, Elizabeth 2014-15-16-17  
Shepstone, Ellen 2004  
Shilling, Sharon 1992-93-94-95  
Shimomura, Karen 1988-89-90-91  
Shurell, Charlotte 1996-97-98-99  
Siegrist, Tayler 2010-11-12-13  
Silvestri, Jen 2013-14-15-16  
Simmons, Wandra 1982  
Simon, Kim 2000-01  
Simone, Dayna 2013-14-15-16  
Skovira, Gabrielle 2008-09-10  
Skovira, Rebecca 2014-15-16-17  
Sliney, Margaret 2017  
Slowly, Janiel 2016-17  
Smith, Melissa 2009-10-11-12  
Smith, Nichole 2006-07-08-09  
Snelson, Becky 2012-13-14-15  
Sollenberger, Julie 1988  
Soult, Gwendolyn 2002-03-04-05  
Souter, Amie 1993-94  
Sovira, Gabrielle 2007  
Sowinski, Kathryn 2010-11-12  
Spanfeller, Stefanie 2011-12-13  
Stamoolis, Christina 2001-02-03-04  
Staubitz, Melissa 1986  
Steele, Kristin 2007-08-09-10  
Steinke, Amanda 2008-09-10  
Sternier, Sara 1979-80-81  
Stettinius, Isabel 2002-03  
Stevens, Jennifer 2004-05-06-07  
Stewart, Harper 2016-17  
Stewart, Kyle 2014-15-16  
Stockwell, Lynda 1984  
Stoyer, Nicole 2004-05-06  
Strunk, Caroline 2006-07-08-09  
Summers, Barbara 2008  
Sundy, Kristen 2013-14-15  
Sweitzer, Julie 1996-97-98-99

## T

Talarico, Lauren 2001  
Tan-Torres, Seline 2014-15-16-17  
Tharp, Amy 2000  
Thomas, Beth 1977-79-80  
Thomas, Jennifer 1991-92-93-94  
Thomas, Lisa 1979  
Thompson, Margaret 2016-17  
Thompson, Mary Clare 1992-93-94-95  
Tipton, Corey 2013  
Tobin, Rebecca 1992-93-94-95  
Todd, Mackenzie 2016-17  
Todman, Danielle 2003-04-05-06  
Tolli, Caroline 2010-11-12-13  
Toretta, Cara 2001  
Totten, Christine 2005-06-07-08  
Townsend, Kat 2016  
Trahan, Sarah 2009-10-11-12  
Travers, Rebecca 1995-96-97-98  
Trentacoste, Catherine 2004-05-06-07

Turner-Byfield, Erin 2002-03-04-05  
Tutmaher, Rachel 2003-04  
Tutuska, Brianna 2016-17  
Tyler, Tria 1996-97-98-99  
Tyrrell, Lynn 1995-96

## V

Vanden Broek, Sarah 2004-05-06-07  
VanNess, Kate 2012-13-14-15  
VanWyck, Lauren 1980-81-82-83  
Varano, Alison 2015-16-17  
Vargo, Sara 1997-98-99-00  
Vaughters, Julia 1981  
Vogt, Brittany 2005-06  
Vuojolainen, Rebekka 2012-13-14-15

## W

Wagner, Becky 1994  
Wagner, Rebecca 1993  
Wahls, Kathryn 2010-11-12-13  
Waksmunski, Emily 2011-12-13-14  
Walker, Michelle 2005  
Wallace, Kimberly 1979  
Wallace, Susan 1985-86-87-88  
Wallach, Tracy 1977  
Ward, Patty 1982  
Wasileski, Lura 2001  
Waterhouse, Natalie 2016-17  
Weber, Chan 1996  
Weichler, Kara 2009-10-11-12  
Weicko, Eva 1997-99  
Weidman, Rachel 2009-2010  
Weisner, Kady 2011-12  
Weiss, Megan 1999  
Weiss, Victoria 1985-86  
Westerman, Kearah 2004  
Wheeler, Emily 2013  
Wiecko, Eva 1998  
Wieloch, Marcie 1985  
Wiemken, Lauren 2008-09-10-11  
Wieting, Helene 1988-89-90-91  
Wildeman, Marion 1977  
Wilhelm, Jessica 1992  
Wilkes, Margaret 1987-88-89-90  
Williams, Tona 1985-87-88  
Williams-Doyle, Joy 2001  
Wilson, Audra 1991-92  
Winkler, Juli 1987-88-89-90  
Wirt, Marla 1979  
Wise, Jill 1986-87-88  
Wismer, Tabitha 2016-17  
Wisotsky, Kate 2017  
Wissolik, Laura 1996  
Wolfgang, Christie 1999-00-01-02  
Wondra, Eden 2012-13  
Worth, Delaney 2015-16-17  
Wright, Andrea 2006-07-08  
Wurster, Kathy 1991-2-93-94

# CROSS COUNTRY AWARDS

## AIAW NATIONAL CHAMPIONSHIP QUALIFIERS

1979 Ann Bischoff	33rd
1980 Judy Olson	79th

## NCAA QUALIFIERS

1997 Julie Sweitzer	84th
1999*Becki Marshall	96th
Andrea Beisser	126th
Theresa Dennis	143rd
Jennifer Hart	153rd
Carly Graytock	181st
Mandy Youmell	229th
Linda Mangan	DNF
2001 Theresa Dennis	73rd
2006 Leanna Nastase	94th
2016 Kate Scott	201st
2017 Christine Bendzinski	143rd

\* - Team qualified for NCAAAs

## ALL-EAST/ECAC

1984 Gabrielle Czaja	19th
1986 Judy Perry	18th
1989 Judy Perry	9th
Holly Hollister	18th
Kelly Marsh	24th
1990 Kelly Marsh	9th
Kristen Opdyke	12th
1991 Kristen Opdyke	1st
1993 Kathy Wurster	13th
Jessica Wilhelm	20th
Maria Ryan	23rd
1994 Jessica Wilhelm	1st
Leah Johnson	4th
1995 Julie Sweitzer	12th
Annie Hamlin	15th
1996 Julie Sweitzer	7th
Annie Hamlin	10th
2000 Becki Marshall	2nd
Andrea Beisser	6th
Theresa Dennis	8th
Chris Crowe	15th
2001 Chris Crowe	2nd
Becki Marshall	7th
Kristin Ferrell	21st
2002 Theresa Dennis	4th
Nicole Piper	19th
2003 Katie Pfeifer	22nd
2006 Leanna Nastase	9th
2014 Elizabeth Sheprow	15th

## ECC/PL CHAMPIONS

1984 Gabrielle Czaja
1986 Judy Perry
1987 Judy Perry
1997 Julie Sweitzer
1998 Julie Sweitzer
1999 Becki Marshall
2000 Becki Marshall
2001 Becki Marshall
2006 Leanna Nastase
2016 Christine Bendzinski
2017 Christine Bendzinski

## ALL-PATRIOT LEAGUE

1991 Kristen Opdyke
1992 Kristen Opdyke
1994 Jessica Wilhelm
Leah Johnson
1996 Julie Sweitzer
Annie Hamlin
1997 Julie Sweitzer
Carly Graytock

Annie Hamlin
1998 Julie Sweitzer
Carla Graytock
Becki Marshall
Charlotte Shurrell

1999 Becki Marshall
Andrea Beisser
Jennifer Hart
Carla Graytock
Theresa Dennis
2000 Becki Marshall
Andrea Beisser
Theresa Dennis
Chris Crowe
Mandy Youmell

2001 Becki Marshall
Chris Crowe
Theresa Dennis
Kelly McConnell
2002 Theresa Dennis (1)
Nicole Piper (1)
Allison Cole (1)
Katie Pfeifer (2)
Jamie Gow (2)
Kayla Halloran (2)

2003 Katie Pfeifer (1)
Lauren Bricker (2)
Jamie Gow (2)
Kayla Halloran (2)
2004 Leanna Nastase (2)
2005 Jennifer Stevens (1)
Leanna Nastase (1)
Erin Cranmer-Hart (2)
Lauren Bricker (2)
Kayla Halloran (2)
2006 Leanna Nastase (1)
Erin Cranmer-Hart (1)
Jenny Stevens (1)
Nicole Falcaro (2)
Gillian Nordquist (2)
Christine Totten (2)

2007 Erin Cranmer-Hart (1)
Christy Totten (2)
Gillian Nordquist (2)
2008 Stephanie Fulmer (1)
Caitlin Cavanaugh (2)
2009 Stephanie Fulmer (1)
Sarah Moniz (1)
Alexa Griffiths (2)
2010 Stephanie Fulmer (1)
Sarah Moniz (1)
Alysha Hooper (2)
2011 Stephanie Fulmer (1)
Caroline Tolli (1)
Emily Liggett (2)
2012 Caroline Tolli (1)
Deanna Godby (2)
Katie Jessee (2)
2014 Katie Jessee (1)
M. DiPietrantonio (2)
Catherine Scott (2)
Sarah Chandler (2)
2015 Christine Bendzinski (1)
Sarah Chandler (1)
Kate Scott (1)
Deanna Godby (2)
Nora Adams (2)
Christine O'Kane (2)
2016 Christine Bendzinski (1)
Colleen Buckley (1)
Sarah Chandler (1)
Kate Scott (1)
Elizabeth Sheprow (2)
2017 Christine Bendzinski (1)
Colleen Buckley (1)

Jenna Farmer (2)

## FOUR-TIME ALL-PATRIOT LEAGUE

Theresa Dennis (1999-2002)
Stephanie Fulmer (2008-11)
Becki Marshall (1998-2001)

## THREE-TIME ALL-PATRIOT LEAGUE

Carly Graytock (1997-99)
Kayla Halloran (2002-03, 05)
Leanne Nastase (2004-06)
Julie Sweitzer (1996-98)
Christine Bendzinski (2015-17)

## PL COACH OF THE YEAR

1996 Art Gulden
1998 Art Gulden
1999 Art Gulden
2001 Kevin Donner
2005 Kevin Donner
2006 Kevin Donner
2009 Kevin Donner
2015 Kevin Donner
2016 Kevin Donner
2017 Kevin Donner

## ACADEMIC ALL-PATRIOT LEAGUE

2010 Alysha Hooper
Sarah Moniz
2011 Caroline Tolli
2012 Caroline Tolli
2014 Katie Jessee
2015 Nora Adams
Christine Bendzinski
Kate Scott
2016 Christine Bendzinski
2017 Christine Bendzinski
Colleen Buckley
Jenna Farmer

## PL SCHOLAR ATHLETE OF THE YEAR

2014 Katie Jessee
2015 Nora Adams
2017 Christine Bendzinski

# CROSS COUNTRY YEAR-BY-YEAR RESULTS

Over the past 37 years, the Bison women's cross country team has been one of Bucknell's most successful programs. Bucknell's women dominated their time in the East Coast Conference, winning the conference title in each of the eight years they participated in the league. After adjusting to the higher level of competition within the Patriot League, the Bison have come nearly full circle, from fifth place in 1991 to league champion in 10 of the past 16 seasons. The women made their first-ever team appearance in the NCAAs in 2000, finishing 24th in the nation.

Year	Dual Record	Conference*	ECAC	EIAIW*	NCAA
1976	2-0	--	--	7th	--
1977	1-1	--	--	20th	--
1978	5-1	--	--	25th	--
1979	6-1	--	--	7th	--
1980	5-0	--	--	6th	--
1981	No Dual Meets	--	--	7th	--
<b>NCAA District II</b>					
1982	3-0	1st	--	6th	--
1983	9-0	1st	--	6th	--
1984	4-3	1st	17th	10th	--
1985	4-3	1st	20th	11th	--
1986	8-0	1st	12th*	7th*	--
1987	4-0	1st	12th	6th	--
1988	5-3	1st	19th	10th	--
1989	2-2	1st	4th	--	--
1990	2-3	5th	3rd	--	--
<b>Patriot League</b>					
1991	2-4	5th	9th	--	--
1992	3-2	3rd	27th	16th	--
1993	8-5	4th	2nd	--	--
1994	4-2	2nd	2nd	--	--
1995	10-3	3rd	3rd	--	--
1996	8-1	2nd	3rd	--	--
<b>Mid-Atlantic Reg.</b>					
1997	15-0	2nd	--	4th	--
1998	7-0	1st	--	9th	--
1999	6-0	1st	--	3rd	24th
2000	2-0	1st	1st	4th	--
2001	2-0	1st	3rd	3rd	--
2002	No Dual Meets	2nd	4th	6th	--
2003	No Dual Meets	4th	8th	13th	--
2004	No Dual Meets	4th	10th	10th	--
2005	No Dual Meets	1st	12th	5th	--
2006	No Dual Meets	1st	2nd	5th	--
2007	No Dual Meets	T-1st	8th	9th	--
2008	No Dual Meets	2nd	7th	8th	--
2009	0-1	1st	--	12th	--
2010	No Dual Meets	2nd	8th	7th	--
2011	No Dual Meets	2nd	9th	12th	--
2012	No Dual Meets	2nd	--	12th	--
2013	No Dual Meets	4th	--	11th	--
2014	No Dual Meets	2nd	6th	8th	--
2015	No Dual Meets	1st	--	8th	--
2016	No Dual Meets	1st	--	6th	--
2017	No Dual Meets	1st	--	8th	--
<b>Totals</b>	<b>123-35 (.778)</b>	<b>19 titles</b>	<b>1 ECAC title</b>		<b>1 trip</b>

\*Bucknell competed in the EIAIW through the 1981 season; in the East Coast Conference (ECC) from 1982-1989; and in the Patriot League from 1990-present.

\*\* ECACs combined with NCAA District II Regional from 1986-1996.

As of 1997, Mid-Atlantic Regionals and ECACs were separated into two competitions.



# INDOOR YEAR-BY-YEAR RESULTS

## INDOOR East Coast Conference (1983-90)

1983	Second
1984	Third
1985	Third
1986	Third
1987	Second
1988	Second
1989	First
1990	Second

## Patriot League

### 1991

1. Fordham	166
<b>2. Bucknell</b>	<b>148</b>
3. Lafayette	128
4. Holy Cross	74
5. Lehigh	25
6. Colgate	15

### 1992

<b>1. Bucknell</b>	<b>178</b>
2. Lafayette	134
3. Fordham	80
4. Holy Cross	70
5. Lehigh	53
6. Colgate	42

### 1993

<b>1. Bucknell</b>	<b>205</b>
2. Fordham	114
3. Holy Cross	71
4. Lafayette	67
5. Colgate	52
6. Lehigh	49

### 1994

1. Army	176
2. Navy	121
<b>3. Bucknell</b>	<b>118</b>
4. Lafayette	42
5. Holy Cross	36
6. Lehigh	31
7. Fordham	20
8. Colgate	14

### 1995

1. Army	169
2. Navy	115
<b>3. Bucknell</b>	<b>108</b>
4. Fordham	46
5. Holy Cross	43
6. Lafayette	39
7. Colgate	21
8. Lehigh	17

### 1996

1. Army	141.5
<b>2. Bucknell</b>	<b>136</b>
3. Navy	125.5
4. Lehigh	50
5. Lafayette	37
6. Colgate	35
7. Holy Cross	33

### 1997

1. Army	149
2. Navy	142
<b>3. Bucknell</b>	<b>125</b>
4. Lafayette	70.5
5. Lehigh	47
6. Colgate	18
7. Holy Cross	5.5

### 1998

<b>1. Bucknell</b>	<b>175.5</b>
2. Army	150
3. Navy	106
4. Lafayette	83
5. Lehigh	37
6. Colgate	34
7. Holy Cross	3

### 1999

<b>1. Bucknell</b>	<b>225.33</b>
2. Army	146.83
3. Lafayette	104.5
4. Lehigh	70
5. Colgate	53
6. Holy Cross	17.33

### 2000

<b>1. Bucknell</b>	<b>212</b>
2. Navy	176
3. Army	84
4. Lafayette	63
5. Lehigh	45
6. Colgate	38
7. Holy Cross	2

### 2001

1. Navy	196
<b>2. Bucknell</b>	<b>132</b>
3. Lehigh	92
4. Army	87
5. Colgate	56
6. Lafayette	47
7. Holy Cross	10

### 2002

<b>1. Bucknell</b>	<b>167</b>
2. Army	123.16
3. Navy	112
4. Lehigh	81.48
5. Lafayette	59.32
6. Colgate	51
7. American	18
8. Holy Cross	8

### 2003

<b>1. Bucknell</b>	<b>180</b>
2. Army	120
3. Navy	114
4. Lehigh	90
5. American	48
6. Colgate	34
7. Lafayette	26
8. Holy Cross	8

### 2004

<b>1. Bucknell</b>	<b>198</b>
2. Navy	104
3. Army	100
4. Lehigh	62
5. American	56
6. Lafayette	44
7. Colgate	41
8. Holy Cross	15

### 2005

<b>1. Bucknell</b>	<b>211.5</b>
2. Navy	130
3. Army	115
4. Lehigh	53
5. American	48
6. Lafayette	30
7. Colgate	29
8. Holy Cross	3.5

### 2006

<b>1. Bucknell</b>	<b>190</b>
2. Army	122
3. Navy	117
4. Lafayette	83
5. American	40
6. Lehigh	32
7. Colgate	22
8. Holy Cross	14

### 2007

<b>1. Bucknell</b>	<b>192</b>
2. Navy	139.75
3. Army	81
4. Lafayette	76.75
5. Holy Cross	47.75
6. Lehigh	47.75
7. Colgate	34
8. American	1

### 2008

<b>1. Bucknell</b>	<b>173</b>
2. Lafayette	146
3. Navy	87
4. Army	75
5. Lehigh	49
6. Holy Cross	46
7. Colgate	28
8. American	16

### 2009

1. Navy	151
<b>2. Bucknell</b>	<b>142</b>
3. Army	94
4. Holy Cross	79
5. Lehigh	64
6. Colgate	52
7. Lafayette	30
8. American	8

### 2010

<b>1. Bucknell</b>	<b>168</b>
2. Navy	96
3. Lehigh	92
4. Holy Cross	80
5. Army	79
6. Colgate	60
7. Lafayette	30
8. American	15

### 2011

1. Navy	157
<b>2. Bucknell</b>	<b>117</b>
3. Lehigh	95
4. Army	67
5. Colgate	58
6. Lafayette	50
7. Holy Cross	48
8. American	28

### 2012

<b>1. Bucknell</b>	<b>164</b>
2. Navy	124
3. Lehigh	108
4. Holy Cross	70
5. Colgate	56
6. Army	56
7. Lafayette	42
8. American	0

### 2013

<b>1. Bucknell</b>	<b>162</b>
2. Navy	110
3. Lehigh	106.33
4. Army	84.33
5. Holy Cross	74
6. Lafayette	47.33
7. Colgate	36
8. American	0

### 2014

1. Boston U.	210
2. Lehigh	130
<b>3. Bucknell</b>	<b>99.5</b>
4. Navy	99
5. Holy Cross	92
6. Army	54.5
7. Lafayette	53
8. Colgate	19
9. Loyola	13
10. American	10

### 2015

<b>1. Bucknell</b>	<b>180</b>
2. Boston U.	112.5
3. Lehigh	107
4. Holy Cross	104.5
5. Navy	101
6. Army	94
7. Lafayette	56
8. American	11
9. Colgate	8
10. Loyola	6

### 2016

1. Boston U.	183
<b>2. Bucknell</b>	<b>176</b>
3. Lehigh	129.5
4. Army	83.5
5. Navy	75.5
6. Holy Cross	65.5
7. Lafayette	33
8. American	16
9. Colgate	11
10. Loyola	7

### 2017

<b>1. Bucknell</b>	<b>180</b>
2. Boston U.	163.33
3. Navy	112.33
4. Lehigh	110.33
5. Army	109
6. Holy Cross	48
7. Lafayette	24
8. Loyola	14
9. American	12
10. Colgate	7

### 2018

<b>1. Bucknell</b>	<b>158.50</b>
2. Army	154
3. Navy	140
4. Boston U.	129
5. Lehigh	77.5
6. Holy Cross	67
7. Loyola	28
8. American	17
9. Lafayette	7
10. Colgate	2

# OUTDOOR YEAR-BY-YEAR RESULTS

**INDOOR**  
**East Coast**  
**Conference (1983-90)**

1984	Fourth
1985	Third
1986	Second
1987	Second
1988	Second
1989	First
1990	--

**Patriot League**

**1991**

1. Fordh	1991
<b>1. Bucknell</b>	<b>168</b>
2. Lafayette	159
3. Fordham	118
4. Holy Cross	109
5. Lehigh	33
6. Colgate	7

**1992**

1. Army	178
<b>2. Bucknell</b>	<b>115</b>
3. Lafayette	108
4. Fordham	81
5. Holy Cross	63
6. Lehigh	49
7. Colgate	25

**1993**

1. Army	167
2. Navy	129
<b>3. Bucknell</b>	<b>123</b>
4. Fordham	65
5. Colgate	44
6. Lafayette	43
7. Holy Cross	30
8. Lehigh	19

**1994**

1. Army	237
<b>2. Bucknell</b>	<b>169</b>
3. Lafayette	65
4. Fordham	60
5. Holy Cross	41
6. Lehigh	35
7. Colgate	13

**1995**

1. Army	225
<b>2. Bucknell</b>	<b>136.5</b>
3. Colgate	59.5
4. Holy Cross	48
Lafayette	48
6. Lehigh	46
7. Fordham	27

**1996**

1. Army	219
<b>2. Bucknell</b>	<b>161</b>
3. Lafayette	124
4. Lehigh	45
5. Colgate	36
6. Holy Cross	32

**1997**

1. Army	175
<b>2. Bucknell</b>	<b>128</b>
Navy	128
4. Lafayette	84
5. Lehigh	61
6. Colgate	27
7. Holy Cross	17

**1998**

1. Army	226
<b>2. Bucknell</b>	<b>166</b>
3. Navy	122
4. Lafayette	93
5. Lehigh	22
6. Holy Cross	28
7. Colgate	1

**1999**

<b>1. Bucknell</b>	<b>190.5</b>
2. Army	162.5
3. Lehigh	116
4. Lafayette	113
5. Colgate	49
6. Holy Cross	17

**2000**

<b>1. Bucknell</b>	<b>212</b>
2. Navy	154.25
3. Army	102.25
4. Lehigh	94.25
5. Lafayette	66.25
6. Holy Cross	14
7. Colgate	8

**2001**

<b>1. Bucknell</b>	<b>212</b>
2. Army	102.25
3. Lehigh	94.25
4. Lafayette	66.25
5. Holy Cross	14
6. Colgate	8

**2002**

<b>1. Bucknell</b>	<b>159</b>
2. Army	129
3. Navy	103
4. Lafayette	89
5. Lehigh	75
6. Colgate	58
7. Holy Cross	20
8. American	18

**2003**

1. Navy	139
2. Army	128
<b>3. Bucknell</b>	<b>126</b>
4. Lehigh	118
5. Lafayette	70
6. American	38
7. Colgate	19
8. Holy Cross	13

**2004**

<b>1. Bucknell</b>	<b>182</b>
2. Army	160
3. Navy	144
4. Lehigh	56
Lafayette	56
6. American	42
7. Colgate	36
8. Holy Cross	6

**2005**

<b>1. Bucknell</b>	<b>209.5</b>
2. Army	154
3. Navy	136.5
4. Lehigh	78
5. Lafayette	54.5
6. Colgate	24
7. American	16
8. Holy Cross	9.5

**2006**

<b>1. Bucknell</b>	<b>187.5</b>
2. Navy	132.5
3. Lafayette	128
4. Army	123
5. Colgate	47
6. Lehigh	38
7. American	21
8. Holy Cross	5

**2007**

<b>1. Bucknell</b>	<b>207</b>
2. Navy	187
3. Army	108
4. Lafayette	65.50
5. Lehigh	48.50
6. Colgate	42
7. Holy Cross	22
8. American	2

**2008**

1. Army	148
<b>2. Bucknell</b>	<b>146</b>
3. Lafayette	137
4. Holy Cross	78
5. Navy	70.33
6. Lehigh	68.67
7. Colgate	23
8. American	11

**2009**

<b>1. Bucknell</b>	<b>188.5</b>
2. Navy	119
3. Colgate	94
4. Army	84
5. Holy Cross	80
6. Lehigh	54.5
7. Lafayette	42
8. American	16

**2010**

<b>1. Bucknell</b>	<b>191</b>
2. Navy	120
3. Army	97
4. Holy Cross	80
5. Lehigh	76
6. Colgate	56
Lafayette	56
8. American	8

**2011**

<b>1. Bucknell</b>	<b>189.5</b>
2. Navy	164
3. Lehigh	84
4. Lafayette	64
5. Holy Cross	62
6. Army	60.4
7. Colgate	31
8. American	26

**2012**

1. Navy	156.5
<b>2. Bucknell</b>	<b>133.5</b>
3. Lehigh	118
4. Army	83
5. Lafayette	79
6. Holy Cross	55
7. Colgate	51
8. American	6

**2013**

<b>1. Bucknell</b>	<b>183</b>
2. Navy	141
3. Lehigh	119.25
4. Holy Cross	85.25
5. Lafayette	76.25
6. Army	66.25
7. Colgate	10
8. American	1

**2014**

1. Boston U.	203.5
2. Lehigh	140.5
<b>3. Bucknell</b>	<b>129</b>
4. Navy	109
5. Army	91
6. Holy Cross	83.5
7. Lafayette	77.5
8. Colgate	10
9. American	7
Loyola	7

**2015**

<b>1. Bucknell</b>	<b>165</b>
2. Boston U.	149
3. Army	122.50
4. Lehigh	120
5. Holy Cross	103.50
6. Navy	98.5
7. Lafayette	74.5
8. Colgate	11
9. American	7
Loyola	7

**2016**

<b>1. Bucknell</b>	<b>201.5</b>
2. Boston U.	161
3. Lehigh	148.5
4. Navy	96.5
5. Army	84
6. Holy Cross	62
7. Lafayette	58.5
8. American	27
9. Loyola	10
10. Colgate	9

**2017**

<b>1. Bucknell</b>	<b>194.5</b>
2. Boston U.	171.5
3. Lehigh	166
4. Army	125
5. Navy	85.5
6. Holy Cross	70.5
7. Loyola	21
8. Lafayette	17
9. Colgate	4
10. American	3



# OUTDOOR TRACK & FIELD AWARDS

Rebecca Skovira	2nd	javelin
<b>ECAC CHAMPIONS</b>		
2004	Melanie Buczko	pole vault
2005	Jennifer Marsh	4x800m relay
	Amy Calvo	
	Lauren Bricker	
	Christa Sawko	
2016	Christine Bendzinski	1,500m
	Kate Scott	10K
2017	Jenna Farmer	3,000m

<b>EAAIW, ECC CHAMPIONS</b>		
1981	Nancy Russo	long jump
1983	Lonnie Fertik	high jump
1984	Judy Olson	800m
	Corinne Dinardo	javelin
	Kelly Hoskins	10K
	Debbie Passmore	1,500m
1985	JoAnne Skinner	discus
	Liz Ludwigson	800m
	Tracy Bigley	1,500m
	Gabrielle Czaja	5,000m
1986	Dawne Quackenboss	10K
	Tracy Bigley	3,000m
	Vicki Weiss	800m
	Heather Korhammer	javelin
	Jill Wise	triple jump
1987	Jill Wise	triple jump
	Judy Perry	10K, 5,000m
	Susan Rowland	100m
	Heather Korhammer	javelin
1988	Jill Wise	long jump, triple jump
	Heather Korhammer	javelin
	Susan Rowland	100m, 200m
	Susan Rowland	4x100m
	Alison Saeger	relay
	Jill Wise	
	Margaret Wilkes	
	Alison Saeger	4x400m
	Connie Hall	relay
	Sue Wallace	
	Susan Rowland	
1989	Judy Perry	10K
	Helene Wieting	5,000m, 10K
	Juli Winkler	shot put
	Heather Korhammer	javelin
	Susan Rowland	200m, 400m
	Alison Saeger	4x400m
	Connie Hall	relay
	Lynnette McBride	
	Susan Rowland	
1990	Judy Perry	10K
	Juli Winkler	shot put
	Lynnette McBride	long jump
	Margaret Wilkes	100m H
	Kelly Marsh	5,000m
	Erin Ryan	4x400m
	Tricia Plasko	relay
	Alison Saeger	
	Lynnette McBride	

<b>EAST COAST CONFERENCE AWARDS</b>		
1988	Jill Wise	Outstanding Athlete

<b>ALL-PATRIOT LEAGUE*</b>		
1994	Adele Conover, Bridget Dean, Jodi DeRonde, Jennifer Hater, Tameka Hinton, Leah Johnson, Beth Muehl, Norine Nadeau, Janet Oleary, Kristen Overturf, Hayden Pasco, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster	
1995	Bridget Dean, Tameka Hinton, Norine Nadeau	
1996	Adele Conover, Kate DeiCas, Jodi DeRonde, Tina Hall, Karen Horn, Norine Nadeau, Jessica Quintana, Tria Tyler	
1997	Yetunde Daniels, Kate DeiCas, Jennifer Rice, Tria Tyler	
1998	Yetunde Daniels, Jen Flanders, Carly Graytock, Annie Hamlin, Emily Hoch, Karen Leonard, Kim McGrath, Jen Middleton, Jessica Quintana, Jennifer Rice, Laura Ryan, Julie Sweitzer, Tria Tyler, Sara Vargo	
1999	Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Annie Hamlin, Kelly McConnell, Kim McGrath, LaTonya McSwain, Jessica Quintana, Julie Sweitzer, Tria	

	Tyler	
2000	Yetunde Daniels, Edwina Bourn, Sara Vargo, Kim McGrath, Kristin Kyzmir, Carly Graytock, Theresa Dennis, Linda Mangan, Laura Ryan, LaTonya McSwain, Stephanie Bango, Jennifer Hart, Becki Marshall, Andrea Nyce, Khadija Shariff, Lori Allen	
2001	Stephanie Bango, Dionne Bonds, Edwina Bourn, Chris Crowe, Theresa Dennis, Maria Garcia, Kristin Kyzmir, Shannon Maher, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Laura Ryan, Khadija Shariff	
2002	Stephanie Bango, Edwina Bourn, Chris Crowe, Kristin Ferrell, Maria Garcia, Rehana Lanewala, Becki Marshall, Kelly McConnell, LaTonya McSwain, Nicole Piper	
2003	Monique Boley, Dionne Bonds, Edwina Bourn, Charity Brady, Amy Calvo, Theresa Dennis, Maria Garcia, Rehana Lanewala, Kiley MacDonald, Nicole Piper	
2004	<b>First Team:</b> Ann Doty, Tolu Fayanjuola, Maria Garcia, Angie Hall <b>Second Team:</b> Lauren Bricker, Melanie Buczko, Amy Calvo, Megan Frederick, Jennifer Marsh, Katie Pfeifer, Christa Sawko, Jenny Stevens	
2005	<b>First Team:</b> Lauren Bricker, Melanie Buczko, Amy Calvo, Ann Doty, Marjorie Grap, Jennifer Marsh, Angela McFarland, Christa Sawko <b>Second Team:</b> Kat Allen, Monique Boley, Lauren Bricker, Tolu Fayanjuola, Marjorie Grap, Jennifer Marsh, Amanda Mockbee, Nina Reinhardt, Beverly Rogers, Christa Sawko	
2006	<b>First Team:</b> Kerryann Branker, Lauren Bricker, Melanie Buzcko, Erin Cranmer-Hart, Marjorie Grap, Christa Sawko, Catherine Trentacoste <b>Second Team:</b> Nicole Ayala, Megan Hathaway, Kathleen Hart, Leanna Nastase, Nina Reinhardt, Beverly Rogers, Christa Sawko, Catherine Trentacoste, Sarah Vanden Broek	
2007	<b>First Team:</b> Christa Sawko, Christine Totten, Marjorie Grap, Amy Mantush, Erin Cranmer-Hart, Offeibea Hanson-Hall, Victoria Gilbert <b>Second Team:</b> Melanie Buczko, Erin Cranmer-Hart, Ann Doty, Marjorie Grap, Kathleen Hart, Megan Hathaway, Allison Janda, Jennifer Pierce, Nina Reinhardt, Beverly Rogers, Catherine Trentacoste	
2008	<b>First Team:</b> Amanda Mockbee, Beverly Rogers <b>Second Team:</b> Lindsay Appel, Erin Cranmer-Hart, Jenny Dalzell, Rebecca Frey, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda, Amy Mantush, Jennifer Pierce, Laura Rycek, Andrea Wright	
2009	<b>First Team:</b> Sarah Bella, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Kalle James-Wintjen, Jamie Leacock, Amy Mantush, Jennifer Pierce, Amanda Steinke <b>Second Team:</b> Chelsey Musante, Laura Rycek	
2010	<b>First Team:</b> Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Rebecca Misko, Sarah Moniz, Chelsey Musante, Caroline Tolli <b>Second Team:</b> Lindsay Appel, Sarah Bella, Kristin Bretscher, Sasha Hornock, Amy Mantush, Sarah Moniz, Christina Muccio, Chelsey Musante, Laura Rycek	
2011	<b>First Team:</b> Taylor Funk, Leah Goeke, Sasha Hornock, Jamie Leacock,	

	Christina Muccio, Laura Rycek, Jennifer Zymet	
	<b>Second Team:</b> Beth Braunnegg, Hana Casalnova, Kelly Grosskurth, Sasha Hornock, Rebecca Misko, Sarah Moniz, Caroline Tolli, Jennifer Zymet	
2012	<b>First Team:</b> Emily Ando, Sarah Bella, Beth Braunnegg, Hana Casalnova, Kat Folger, Taylor Funk, Caroline Tolli, Emily Waksmunski, Jennifer Zymet <b>Second Team:</b> Leah Goeke	
2013	<b>First Team:</b> Beth Braunnegg, Jess Bridle, Alyssa Cardillo, Chrissy Haney, Erin Horleman, Sasha Hornock, Kim Nagotko, Sophia Nnadi, Caroline Tolli, Emily Waksmunski, Jennifer Zymet <b>Second Team:</b> Emily Ando, Kim Nagotko, Alexandra Romanelli, Caroline Tolli	
2014	<b>Second Team:</b> Hana Casalnova, Kim Nagotko, Sophia Nnadi, Elyse Pettaway, Jenn Silvestri, Jennifer Zymet	
2015	<b>First Team:</b> Efe Agege, Jess Bridle, Catherine Scott, Kim Lapszynski, Kim Nagotko, Sophia Nnadi, Kafilat Oladiran <b>Second Team:</b> Christine Bendzinski, Stephanie Easse	
2016	<b>First Team:</b> Sarah Chandler, Sophia Nandi, Kate Scott, Jen Silvestri <b>Second Team:</b> Jess Bridle, Christine Bendzinski, Colleen Buckley, Sarah Chandler, Kathleen Fitzgerald, Dayna Simone	
2017	<b>First Team:</b> Christine Bendzinski, Colleen Buckley, Sarah Chandler, Stephanie Easse, Jenna Farmer, Kathleen Fitzgerald, Rebecca Skovira <b>Second Team:</b> Christine Bendzinski, Colleen Buckley, Sarah Chandler, Molly Montalvo, Kaitlin Salisbury, Meg Sangimino, Ella Schultz, Kate Scott	

\* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

<b>PATRIOT LEAGUE AWARDS</b>		
1988	Jill Wise	Outstanding Athlete
1995	Tameka Hinton	Athlete of Meet
1996	Norine Nadeau	Athlete of Meet
1999	Art Gulden	Coach of Year
2000	Art Gulden	Coach of Year
2001	Art Gulden	Coach of Year
2002	Kevin Donner	Coach of Year
2004	Kevin Donner	Coach of Year
	Maria Garcia	Field Athlete of Meet
2005	Kevin Donner	Coach of Year
	Marjorie Grap	Field Athlete of Meet
	Beverly Rogers	Rookie of Meet
2006	Catherine Trentacoste	Track Athlete of Meet
2007	Kevin Donner	Coach of Year
2009	Amy Mantush	Field Athlete of Meet
	Sarah Bella	Rookie of Meet
2010	Chelsey Musante	Field Athlete of Meet
	Kevin Donner	Coach of Year
2011	Kevin Donner	Coach of Year
2013	Chrissy Haney	Rookie of Meet
	Kevin Donner	Coach of Year
2015	Kevin Donner	Coach of Year
	Sophia Nnadi	Field Athlete of Meet
	Efe Agege	Rookie of Meet
2016	Kevin Donner	Coach of the Year
2017	Kevin Donner	Coach of the Year

<b>PATRIOT LEAGUE MEET RECORD HOLDERS</b>		
2004	Maria Garcia	hammer
2006	Melanie Buczko	pole vault
2012	Emily Waksmunski	4x800m
	Beth Braunnegg	
	Caroline Tolli	
	Hana Casalnova	
2015	Efe Agege	triple jump
	Sophia Nnadi	shot put
	Kate Scott	10,000m



# INDOOR TRACK & FIELD AWARDS

Christine Bendzinski3rd 3,000m  
 Coleen Buckley 4th 3,000m  
 Allison Sharkey 6th 4x400  
 Emily Ryan  
 Margaret Sliney  
 Elyse Pettaway  
 Kathleen Fitzgerald8th DMR  
 Laura Papili 8th DMR  
 Jenna Farmer  
 Margaret Thomson

## ECAC CHAMPIONS

2005 Melanie Buczko pole vault  
 2007 Marjorie Grap weight throw

## EIAIW CHAMPIONS

1982 Lonnie Fertik 60y H  
 Elizabeth Donovan distance  
 Lisa Dignazio medley relay  
 Debbie Passmore  
 Stacey Nicholson

## EAST COAST CONFERENCE CHAMPIONS

1983 Stacey Nicholson 3-mile  
 Lonnie Fertik high jump  
 Nancy Nelson 2-mile  
 Judy Olson distance  
 Lisa Dignazio medley relay  
 Gabrielle Czaja  
 Stacey Nicholson

1984 Debbie Passmore mile  
 Gabrielle Czaja 2-mile  
 Kelly Hoskins 3-mile

1985 Pam Del Rio high jump  
 Gabrielle Czaja mile, 2-mile

1986 Liz Ludwigson 1,000m  
 Marcie Wieloch distance  
 Dawn Gray medley relay

Joanne Menapace  
 Kathleen Jensen  
 Liz Ludwigson 4x800m  
 Connie Hall relay  
 Vicki Weiss

1987 Jill Wise long jump, triple jump  
 Judy Perry 3-mile  
 Susan Rowland 60m, 220y  
 Joanne Menapace 2-mile relay  
 Colleen Zakrewsky  
 Liz Ludwigson

Jennifer Kent  
 Alison Saeger 600y  
 Kelly Marsh 2-mile  
 Jill Wise triple jump  
 Gena Korrell 2-mile relay  
 Mary Beth Allan  
 Colleen Zakrewsky  
 Kelly Marsh

Alison Saeger mile relay  
 Connie Hall  
 Sue Wallace  
 Susan Rowland

1989 Susan Rowland 200m, 400m  
 Alison Saeger 500m  
 Gena Korrell 1,000m  
 Alison Saeger 4x400m  
 Tricia Plasko relay  
 Connie Hall  
 Susan Rowland  
 Connie Hall distance  
 Alison Saeger medley relay  
 Helene Wieting  
 Gena Korrell

1990 Juli Winkler shot put  
 Judy Perry 3-mile  
 Margaret Wilkes 60yH  
 Kelly Marsh 2-mile

## EAST COAST CONFERENCE AWARDS

1989 Susan Rowland Outstanding Athlete

## ALL-PATRIOT LEAGUE\*

1994 Adele Conover, Bridget Dean,  
 Tameka Hinton, Leah Johnson,

Norine Nadeau, Maria Ryan, Sharon  
 Shilling, Becky Tobin, Kathy Wurster  
 1995 Kate DeiCas, Tina Hall, Tameka  
 Hinton, Norine Nadeau

1996 Lisa Allen, Joylyn Brown, Tina Hall,  
 Annie Hamlin, Connie Hamlin,  
 Pamela Richardson, Julie Sweitzer  
 Yetunde Daniels, Kate DeiCas,  
 Tina Hall, Annie Hamlin, Connie  
 Hamlin, Karen Leonard,  
 Jessica Quintana, Pamela  
 Richardson, Julie Sweitzer

1997 Lori Allen, Yetunde Daniels, Annie  
 Hamlin, Connie Hamlin, Karen  
 Leonard, Michelle Manikowski,  
 Kim McGrath, Jessica Quintana,  
 Jennifer Rice, Pamela Richardson,  
 Laura Ryan, Julie Sweitzer

1998 Stephanie Bango, Kerri Black,  
 Yetunde Daniels, Meg Ghiggeri,  
 Annie Hamlin, Jennifer Hart, Kim  
 McGrath, LaTonya McSwain, Becki  
 Marshall, Meredith O'Doherty,  
 Jessica Quintana, Laura Ryan, Julie  
 Sweitzer, Tria Tyler, Christie  
 Wolfgang

2000 Stephanie Bango, Yetunde Daniels,  
 Meg Ghiggeri, Carly Graytock,  
 Jennifer Hart, Kristin Kyzmir, Linda  
 Mangan, Becki Marshall, Kelly  
 McConnell, Kim McGrath, LaTonya  
 McSwain, Laura Ryan, Christie  
 Wolfgang

2001 Stephanie Bango, Michelle Baylor,  
 Andrea Beisser, Jamie Lilien, Becki  
 Marshall, Kelly McConnell, LaTonya  
 McSwain, Andrea Nyce, Nicole  
 Piper, Laura Ryan, Khadija Shariff,  
 Christie Wolfgang

2002 Stephanie Bango, Amy Calvo, Chris  
 Crowe, Samantha Klotz, Rehana  
 Lanewala, Kelly McConnell, LaTonya  
 McSwain, Nicole Piper, Kim Zimbal

2003 Monique Boley, Dionne Bonds,  
 Charity Brady, Keryann Branker,  
 Amy Calvo, Theresa Dennis, Tolu  
 Fayanjuola, Maria Garcia, Jennifer  
 Marsh, Nicole Piper

2004 **First Team:** Melanie Buczko, Amy  
 Calvo, Ann Doty, Tolu Fayanjuola,  
 Christa Sawko  
**Second Team:** Monique Boley,  
 Lauren Bricker, Sarah Groman

2005 **First Team:** Lauren Bricker, Ann  
 Doty, Marjorie Grap, Kayla Halloran,  
 Nina Reinhardt, Christa Sawko  
**Second Team:** Monique Boley,  
 Lauren Bricker, Melanie Buczko,  
 Amy Calvo, Tolu Fayanjuola, Kayla  
 Halloran, Elizabeth Pendleton,  
 Christa Sawko, Danielle Todman

2006 **First Team:** Kat Allen, Lauren  
 Bricker, Melanie Buczko, Kati  
 Dempsey, Ann Doty, Marjorie Grap,  
 Victoria Gilbert, Offeibea Hanson-  
 Hall, Megan Hathaway, Christa  
 Sawko, Catherine Trentacoste  
**Second Team:** Kat Allen, Lauren  
 Bricker, Kati Dempsey, Marjorie  
 Grap, Nina Reinhardt

2007 **First Team:** Melanie Buczko, Erin  
 Cranmer-Hart, Mariel Fink, Victoria  
 Gilbert, Marjorie Grap, Offeibea  
 Hanson-Hall, Amy Mantush, Leanna  
 Nastase, Christa Sawko, Catherine  
 Trentacoste  
**Second Team:** Erin Cranmer-Hart,  
 Jenny Dalzell, Megan Hathaway,  
 Jennifer Pierce, Nina Reinhardt,  
 Jenny Stevens, Catherine  
 Trentacoste

2008 **First Team:** Nicole Ayala, Erin  
 Cranmer-Hart, Jenny Dalzell,  
 Victoria Gilbert, Offeibea Hanson-  
 Hall, Megan Hathaway, Allison Janda

**Second Team:** Mariel Fink, Rebecca  
 Frey, Victoria Gilbert, Megan  
 Hathaway, Offeibea Hanson-Hall,  
 Allison Janda, Amy Mantush,  
 Jennifer Pierce

2009 **First Team:** Lindsay Appel, Jenny  
 Dalzell, Rebecca Frey, Stephanie  
 Fulmer, Megan Hathaway, Chelsey  
 Musante, Jennifer Pierce  
**Second Team:** Jenny Dalzell,  
 Meghan Frate, Stephanie Fulmer,  
 Megan Hathaway Allison Janda,  
 Chelsey Musante, Jennifer Pierce

2010 **First Team:** Lindsay Appel,  
 Stephanie Fulmer, Allison Janda,  
 Casey Krause, Amy Mantush, Chelsey  
 Musante, Jennifer Pierce, Caroline  
 Tolli  
**Second Team:** Lindsay Appel, Sarah  
 Bella, Sasha Hornock, Allison Janda,  
 Jamie Leacock, Sarah Moniz, Jennifer  
 Pierce

2011 **First Team:** Sarah Bella, Sasha  
 Hornock  
**Second Team:** Rebecca Misko,  
 Jennifer Zymet

2012 **First Team:** Emily Ando, Sarah  
 Bella, Hana Casalnova, Sasha  
 Hornock, Kim Nagotko, Caroline Tolli,  
 Jennifer Zymet  
**Second Team:** Hana Casalnova,  
 Taylor Funk, Sasha Hornock,  
 Alexandra Romanelli, Autumn  
 Schellenberger

2013 **First Team:** Olivia Massey, Sophia  
 Nnadi, Alexandra Romanelli,  
 Caroline Tolli, Jennifer Zymet  
**Second Team:** Beth Braunegg, Alyssa  
 Cardillo, Hana Casalnova, Erin  
 Holbrook, Chelsea Lodato, Michaela  
 Read, Caroline Tolli, Emily  
 Waksmunski

2014 **Second Team:** Jess Bridle, Hana Casa-  
 Inova, Kylie Pearce, Allison Sharkey,  
 Jenn Silvestri, Seline Tan-Torres, Emily  
 Waksmunski, Jennifer Zymet

2015 **First Team:** Efe Agege, Christine Bendz-  
 inski, Abigail Brundage, Sarah Chandler,  
 Reagan Cerney, Emily Cousins, Emma  
 Harris, Katie Jessee, Kim Natogko, Laura  
 Papili, Jen Silvestri

2016 **First Team:** Christine Bendzinski, Sarah  
 Chandler, Emma Harris, Sophia Nnadi,  
 Seline Tan-Torres  
**Second Team:** Jess Bridle, Sarah Chan-  
 dler, Emma Harris, Sophia Nnadi, Grace  
 Loh, Kafilat Oladiran, Laura Papili, Elyse  
 Pettaway, Kate Scott, Allison Sharkey, Jen  
 Silvestri

2017 **First Team:** Christine Bendzinski, Sarah  
 Chandler, Kaitlin Salisbury, Emma Harris,  
 Emily Ryan, Margaret Sliney, Kathleen  
 Fitzgerald  
**Second Team:** Colleen Buckley, Molly  
 Montalvo, Lauren Hudson, Carli Lucke,  
 Ella Schultz, Jenna Farmer

2018 **First Team:** Christine Bendzinski,  
 Colleen Buckley, Lauren Hudson  
**Second Team:** Kaitlin Salisbury, Kafilat  
 Oladiran, Alexandra Butz, Christine  
 Bendzinski, Alexa DiGregorio

1999 Art Gulden Athlete of Meet  
 2000 Art Gulden Coach of Year  
 2001 Stephanie Bango Track Athlete  
 of Meet

2002 Kevin Donner Coach of Year  
 2003 Kevin Donner Coach of Year  
 2004 Kevin Donner Coach of Year  
 2005 Kevin Donner Coach of Year  
 2006 Kevin Donner Coach of Year  
 Christa Sawko Track Athlete  
 of Meet  
 Marjorie Grap Field Athlete  
 of Meet

Kati Dempsey Rookie of Meet  
 2007 Kevin Donner Coach of Year  
 2009 Chelsey Musante Co-Field Athlete  
 of Meet  
 Stephanie Fulmer Rookie  
 of Meet

2010 Amy Mantush Field Athlete  
 of Meet  
 2012 Kevin Donner Coach of Year  
 2015 Kevin Donner Coach of Year  
 Christine Bendzinski Rookie of  
 Meet

2017 Kaitlin Salisbury Rookie of Meet  
 Kevin Donner Coach of Year  
 2018 Kevin Donner Coach of the Year  
 Colleen Buckley Athlete of Meet

## PATRIOT LEAGUE MEET

### RECORD HOLDERS

1995 Tameka Hinton 55m  
 2000 Stephanie Bango 800m  
 2002 Amy Calvo 4x400m relay  
 Rehana Lanewala  
 LaTonya McSwain  
 Stephanie Bango

2006 Melanie Buczko pole vault  
 Christa Sawko 4x800m relay  
 Victoria Gilbert  
 Offeibea Hanson-Hall  
 Lauren Bricker

2007 Marjorie Grap 20-lb. wt.  
 Amy Mantush high jump  
 2015 Harris, Bendzinski 4x800 relay  
 Cerney, Chandler

2016 Harris, Tan-Torres 4x800 relay  
 Bendzinski, Chandler  
 2017 Christine Bendzinski 3,000m  
 Christine Bendzinski 4x800  
 Sarah Chandler relay  
 Emma Harris  
 Margaret Sliney  
 Kathleen Fitzgerald DMR  
 Emily Ryan  
 Margaret Sliney  
 Sarah Chandler

\* - All-Patriot League teams began in 1994. First  
 and second team designation began  
 in 2004.

## PATRIOT LEAGUE AWARDS

1992 Art Gulden Coach of Year  
 1993 Art Gulden Coach of Year  
 1994 Art Gulden Coach of Year  
 Tameka Hinton Athlete of Meet  
 1995 Art Gulden Coach of Year  
 Tameka Hinton Athlete of Meet  
 1996 Art Gulden Coach of Year  
 1998 Art Gulden Coach of Year

# WOMEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

## ACADEMIC ALL-AMERICANS

1984	Kelly Hoskins	Second Team
1990	Kelly Marsh	First Team
1991	Kelly Marsh	First Team
1999	Julie Sweitzer	Third Team
2002	Becki Marshall	Third Team
2002	Kelly McConnell	Third Team
2007	Melanie Buczko	Third Team
2013	Caroline Tolli	Second Team

## ACADEMIC ALL-DISTRICT

1983	Lonnie Fertik	
1984	Kelly Hoskins	
1990	Kelly Marsh	
1991	Kelly Marsh	
1999	Julie Sweitzer	
2000	Julie Sweitzer	
2001	Becki Marshall	First Team
2002	Stephanie Bango	Second Team
	Becki Marshall	First Team
	Kelly McConnell	First Team
2006	Melanie Buczko	Second Team
	Catherine Trentacoste	Second Team
2007	Lauren Bricker	First Team
	Melanie Buczko	First Team
	Christa Sawko	First Team
2008	Gillian Nordquist	First Team
	Beverly Rogers	First Team
2009	Megan Hathaway	Second Team
	Gillian Nordquist	First Team
2010	Allison Janda	First Team
2011	Kristin Bretscher	First Team
	Sarah Moniz	First Team
	Caroline Tolli	First Team
2012	Caroline Tolli	First Team
2013	Caroline Tolli	First Team
	Emily Waksmunski	First Team
2016	Christine Bendzinski	First Team
2017	Christine Bendzinski	First Team

## PATRIOT LEAGUE FEMALE SCHOLAR-ATHLETE OF THE YEAR

2001	Becki Marshall	Cross Country/Track
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## PATRIOT LEAGUE SCHOLAR-ATHLETES

1990	Kelly Marsh	Cross Country
1991	Lynette McBride	Indoor
1996	Julie Sweitzer	Cross Country
1997	Lisa Allen	Outdoor
	Julie Sweitzer	Cross Country
1998	Julie Sweitzer	Indoor
	Julie Sweitzer	Cross Country
1999	Julie Sweitzer	Indoor
	Julie Sweitzer	Outdoor
	Becki Marshall	Cross Country
2000	Carly Graytock	Outdoor
	Becki Marshall	Cross Country
2001	Becki Marshall	Indoor
	Becki Marshall	Cross Country
2002	Kelly McConnell	Indoor
2005	Melanie Buczko	Indoor
2006	Melanie Buczko	Indoor
2007	Gillian Nordquist	Cross Country
2012	Caroline Tolli	Indoor
	Caroline Tolli	Outdoor

2014	Emily Waksmunski	Indoor
	Katie Jessee	Cross Country
2015	Nora Adams	Cross Country
	Sophia Nnadi	Outdoor
2016	Sophia Nnadi	Outdoor
2017	Christine Bendzinski	Indoor
	Christine Bendzinski	Outdoor
	Christine Bendzinski	Cross Country
2018	Christine Bendzinski	Indoor

## OUTDOOR ACADEMIC ALL-PATRIOT LEAGUE

2011	Kristin Bretscher	
	Kelly Grosskurth	
	Jamie Leacock	
	Sarah Moniz	
2012	Sarah Bella	
	Hana Casalnova	
	Sasha Hornock	
	Caroline Tolli	
	Emily Waksmunski	
2013	Caroline Tolli	
	Emily Waksmunski	
	Jennifer Zymet	
2014	Emily Waksmunski	
2015	Sophia Nnadi	
2016	Christine Bendzinski	
	Jess Bridle	
	Sophia Nnadi	
2017	Christine Bendzinski	
	Colleen Buckley	

## INDOOR ACADEMIC ALL-PATRIOT LEAGUE

2011	Sarah Bella	
	Kristin Bretscher	
	Caroline Tolli	
2012	Sarah Bella	
	Sasha Hornock	
	Caroline Tolli	
	Emily Waksmunski	
2013	Olivia Massey	
	Caroline Tolli	
	Emily Waksmunski	
	Jennifer Zymet	
2014	Emily Waksmunski	
	Jennifer Zymet	
2015	Kim Nagotko	
2016	Nora Adams	
	Christine Bendzinski	
	Sophia Nnadi	
2017	Christine Bendzinski	
	Sarah Chandler	
	Lauren Hudson	
2018	Christine Bendzinski	
	Colleen Buckley	
	Lauren Hudson	
	Alexa DiGregorio	

## NCAA POSTGRADUATE SCHOLARSHIPS

1984	Kelly Hoskins	
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## ECC SCHOLAR-ATHLETES

1983	Kelly Hoskins	Cross Country
1984	Kelly Hoskins	Outdoor

1987	Judy Perry	Cross Country
1988	Judy Perry	Outdoor
1989	Margaret Wilkes	Indoor
1989	Judy Perry	Outdoor
1990	Kelly Marsh	Indoor

## ECAC MEDALLION

1984	Kelly Hoskins	
1990	Kelly Marsh	
1999	Amanda Youmell	

## NACDA/DISNEY SCHOLARSHIP

1991	Kelly Marsh	
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# OUTDOOR TOP 10s

## 100-Meter Dash

1.	12.05	Kim Nagotko	2013
2.	12.07	Tricia Plasko	1990
3.	12.09	Tameka Hinton	1995
4.	12.10	Yetunde Daniels	1999
5.	12.11	Kaitlin Salisbury	2017
6.	12.12	Tolu Fayanjuola	2004
7.	12.17	Sue Rowland	1988
8.	12.19	Sasha Hornock	2013
9.	12.21	Lynnette McBride	1990
10.	12.25	Carli Lucke	2017

## 200-Meter Dash

1.	24.42	Jess Bridle	2016
2.	24.59	Kim Nagotko	2013
3.	24.60	Yetunde Daniels	2000
4.	24.74	Tricia Plasko	1992
5.	24.85	Tameka Hinton	1995
6.	24.91	Jennifer Zymet	2011
7.	24.93	Kaitlin Salisbury	2017
		Charity Brady	2003
9.	25.05	Sasha Hornock	2013
10.	25.11	Rehana Lanewala	2002

## 400-Meter Dash

1.	54.67	Jess Bridle	2016
2.	54.98	Jennifer Zymet	2013
3.	55.50	Yetunde Daniels	2000
4.	56.16	Jennifer Dietrich	2018
5.	56.41	Stephanie Bango	2002
6.	56.57	Elyse Pettaway	2017
7.	56.71	Catherine Trentacoste	2006
8.	56.88	Khadija Shariff	2001
9.	57.02	Rehana Lanewala	2002
10.	57.08	LaTonya McSwain	2000

## 800-Meter Run

1.	2:08.76	Christine Bendzinski	2017
2.	2:08.98	Christa Sawko	2006
3.	2:09.33	Stephanie Bango	2002
4.	2:09.90	Hana Casanova	2012
5.	2:10.84	Tiara Tardy	2018
6.	2:11.17	Megan Hathaway	2009
7.	2:11.46	Sarah Chandler	2017
8.	2:11.74	Beth Braunegg	2012
9.	2:12.02	Caroline Tolli	2012
10.	2:12.34	LaTonya McSwain	2002
	2:12.34	Lauren Bricker	2005

## 1,500-Meter Run

1.	4:16.54	Christine Bendzinski	2018
2.	4:25.55	Caroline Tolli	2013
3.	4:26.07	Sarah Chandler	2017
4.	4:28.28	Christa Sawko	2006
5.	4:28.45	Beth Braunegg	2013
6.	4:29.63	Sarah Moniz	2010
7.	4:29.81	Hana Casanova	2014
8.	4:30.14	Lauren Bricker	2006
9.	4:30.49	Kathleen Fitzgerald	2017
10.	4:33.04	Julie Sweitzer	1998

## 3,000-Meter Run

(No longer competed in Division I)

1.	9:40.32	Julie Sweitzer	1999
2.	9:40.36	Colleen Buckley	2017
3.	9:41.15	Sarah Moniz	2010
4.	9:45.55	Emily Liggett	2012
5.	9:45.91	Caroline Tolli	2013
6.	9:48.98	Jenna Farmer	2017
7.	9:54.30	Stephanie Fulmer	2010
8.	9:58.24	Leanna Nastase	2007
9.	9:59.79	Jenny Stevens	2007
10.	10:01.17	Stacey Nicholson	1983

## 3,000 Steeplechase

1.	10:24.71	Sarah Chandler	2017
2.	10:41.98	Chris Crowe	2002
3.	10:49.29	Elizabeth Sheprow	2017
4.	10:52.97	Lauren Bricker	2006
5.	10:55.07	Leah Goeke	2013
6.	10:56.65	Payton Capes	2018
7.	10:57.35	Margaret Thomson	2016
8.	11:05.17	Christine Totten	2007
9.	11:08.20	Kelly Grosskurth	2011
10.	11:13.77	Christine O'Kane	2017

## 5,000-Meter Run

1.	16:17.66	Christine Bendzinski	2018
2.	16:29.83	Colleen Buckley	2017
3.	16:38.21	Kate Scott	2016
4.	16:51.95	Emily Liggett	2012
5.	16:52.68	Lauren Gronbeck	2017
6.	16:55.18	Jenna Farmer	2017
7.	16:56.23	Sarah Moniz	2011
8.	16:59.98	Becki Marshall	2001
9.	17:00.27	Sarah Chandler	2016
10.	17:02.41	Deanna Godby	2015

## 10,000-Meter Run

1.	34:46.48	Kate Scott	2017
2.	34:53.59	Colleen Buckley	2018
3.	35:05.14	Judy Perry	1987
4.	35:58.00	Lauren Gronbeck	2017
5.	35:59.62	Carly Graytock	2000
6.	36:03.24	Kelly Hoskins	1984
7.	36:18.28	Theresa Dennis	2003
8.	36:18.74	Helene Weiting	1989
9.	36:19.40	Deanna Godby	2016
10.	36:24.97	Katie Pfeifer	2004

## 100-Meter High Hurdles

1.	14.14	Catherine Trentacoste	2007
2.	14.41	Taylor Funk	2012
3.	14.44	Edwina Bourn	2002
4.	14.45	Kafilat Oladiran	2018
5.	14.48	Kiley MacDonald	2003
6.	14.54	Jenn Silvestri	2015
7.	14.56	Margaret Wilkes	1990
8.	14.57	Melanie Buczko	2006
	14.57	Jamie Leacock	2011
9.	14.69	Jamie Lilien	2003

## 400-Meter Int. Hurdles

1.	1:00.63	Jen Silvestri	2016
2.	1:00.75	Khadija Shariff	2001
3.	1:01.17	Catherine Trentacoste	2006
4.	1:01.19	Chrissy Haney	2013
5.	1:01.95	Taylor Funk	2012
6.	1:02.31	Laura Papili	2017
7.	1:02.81	Edwina Bourn	2000
8.	1:02.84	Bridget Dean	1995
9.	1:02.95	Jamie Leacock	2009
10.	1:03.12	Christa Sawko	2004

## Long Jump

1.	19-8 3/4	Kaitlin Salisbury	2017
2.	19-8 1/4	Tolu Fayanjuola	2004
3.	19-0 1/4	Jill Wise	1988
	19-0 1/4	Lynnette McBride	1990
5.	19-0	Kate Dei Cas	1997
	19-0	Jen Rice	1997
7.	18-10 3/4	Kimberley Lapszynski	2016
8.	18-7	Alyssa Cardillo	2013
9.	18-6	Devon McDonald	2016
	18-6	Jennifer Pierce	2008
11.	18-5 3/4	Nina Reinhardt	2006

## Triple Jump

1.	41-3 1/4	Jill Wise	1988
2.	40-9	Efe Agege	2015
3.	39-7	Carly Reiner	2017
4.	39-1	Amy Mantush	2008
5.	39-0 1/2	Ann Doty	2005
6.	38-10 1/4	Kim McGrath	2000
	38-10 1/4	Casey Krause	2010
8.	38-7 3/4	Lauren Bricker	2004
9.	38-4	Alexis Auman	2016
	38-4	Nicole Ayala	2006

## High Jump

1.	5-7	Amy Mantush	2007
2.	5-6 1/2	Karen Middleton	1998
3.	5-6	Norine Nadeau	1996
	5-6	Lauren Hudson	2018
4.	5-5 3/4	Lonnie Fertik	1983
6.	5-5	Shannon Maher	2002
	5-5	Tolu Fayanjuola	2005
	5-5	Kati Dempsey	2006
9.	5-4 1/2	Jen Rice	1998
	5-4 1/2	Michaela Read	2013
	5-4 1/2	Lexy Forrestal	2018
	5-4 1/2	Alexandra Butz	2018

## Shot Put

1.	49-10 1/2	Sophia Nnadi	2015
2.	47-4 1/2	Ella Schultz	2017
3.	46-10 1/4	Chelsey Musante	2010
4.	46-4	Sarah Bella	2009
5.	45-4 1/2	Abigail Brundage	2015
6.	45-0 1/2	Lori Allen	2000
7.	44-9 1/2	Marjorie Grap	2004
8.	44-4	Delia Sipe	2018
9.	43-11 3/4	Laura Schaffer	2004
10.	43-8 1/2	Beth Bittel	1999

## Hammer Throw

1.	202-8	Maria Garcia	2004
2.	192-0	Marjorie Grap	2007
3.	180-8	Sophia Nnadi	2016
4.	179-0	Molly Montalvo	2018
5.	175-7	Chelsey Musante	2010
6.	173-1	Angie McFarland	2004
7.	170-3	Tria Tyler	1999
8.	166-2	Amanda Mockbee	2007
9.	164-3	Jen Kirschner	2000
10.	163-7	Erin Lee	2004

## Discus

1.	159-10	Tria Tyler	1999
2.	157-8	Amanda Mockbee	2008
3.	156-10	Stephanie Easse	2017
4.	153-6	Sophia Nnadi	2014
5.	152-11	Rebecca Misko	2011
6.	151-9	Abby Monaghan	2012
7.	151-3	Marjorie Grap	2007
9.	148-5	Kathleen Hart	2007
10.	147-4	Emily Hoch	1999

## Javelin (1999-pres.)

1.	184-5	Maura Fiamoncini	2018
2.	158-7	Laura Rycyk	2011
3.	158-4	Meg Sangimino	2017
4.	157-3	Beverly Rogers	2008
5.	156-6	Kat Folger	2012
6.	153-2	Rebecca Skovira	2017
7.	149-8	Dayna Simone	2016
8.	144-1	Taylor Siegrist	2011
9.	143-00	Taylor Oxley	2018
10.	141-10	Hanna Beer	2018



# OUTDOOR TOP 10s

## Javelin (old implement)

1.	152-9	Heather Korhammer	1986
2.	143-11	Corinne Dinardo	1984
3.	139-10	Norine Nadeau	1993
4.	137-1	Jen Hafer	1994
5.	134-8	Sarah Vargo	1998
6.	127-10	Miriam Lopez	1996
7.	127-7	Juli Winkler	1987
8.	126-0	Tona Williams	1986

## Pole Vault

1.	13-3 1/2	Melanie Buczko	2004
2.	12-4	Angie Hall	2004
3.	12-2 1/2	Emily Ando	2013
4.	12-0	Rebecca Frey	2009
5.	11-11 3/4	Andrea Nyce	2001
6.	11-7 3/4	Chloe Brown	2016
	11-7 3/4	Autumn Schellenberger	2012
8.	11-5 3/4	Yanelis Mestre	2015
9.	11-2 1/2	Rebekka Vuojolainen	2015
10.	11-1 3/4	Kristin Sundy	2012

## Heptathlon

1.	4,816	Lonnie Fertik	1983
2.	4,807	Norine Nadeau	1995
3.	4,640	Sara Vargo	1999
4.	4,630	Nina Reinhardt	2007
5.	4,434	Amy Mantush	2007
6.	4,258	Kristin Bretscher	2011
7.	4,208	Kat Allen	2007
8.	4,195	Alison Varano	2015
9.	4,161	Danielle Todman	2006
10.	4,080	Harper Stewart	2018

## 4x100-Meter Relay

1.	46.68	Zymet, Hornock, Bridle, Nagotko	2013
2.	47.01	Lucke, Reiner, Sharkey, Salisbury	2017
3.	47.12	Bridle, Oladiran	2015
4.	47.24	Lucke, Salisbury, Dietrich, Oladiran	2018
		Lapszynski, Nagotko	
5.	47.37	Oladiran, Lapszynski, Reiner, Bridle	2016
6.	47.39	Oladiran, Reiner, Lapszynski, Bridle	2016
7.	47.45	Funk, Zymet, Rice, Hornock	2012
8.	47.52	Zymet, Lapszynski, Reiner, Nagotko	2014
9.	47.67	Oladiran, Lapszynski, Reiner, Bridle	2016
10.	47.70	Zymet, Funk, Muccio, Hornock	2011

## 4x200-Meter Relay

1.	1:39.34	Zymet, Haney, Hornock, Nagotko	2013
2.	1:41.35	Zymet, Hornock, Bridle, Nagotko	2013
3.	1:41.40	Zymet, Rice, Hornock, Nagotko	2012
4.	1:43.42	Bourn, McDonald, Lanewala, Brady	2003
5.	1:43.54	Evans, James-Wintjen, Steele, Muccio	2009
6.	1:43.68	Dean, Plasko, Wilson, Hinton	1992
7.	1:43.84	Harbst, Plasko, Wilson, Hinton	1992
8.	1:44.08	Daniels, Quintana, Wolfgang, Vargo	1999
9.	1:44.15	Daniels, Nyce, Wolfgang, Bourn	2000
10.	1:44.52	Appel, James-Wintjen, Krause, Leacock	2010

## 4x400-Meter Relay

1.	3:45.69	Zymet, Hornock, Bridle, Nagotko	2013
2.	3:46.39	Silvestri, Nagotko, Pettaway, Zymet	2014
3.	3:46.96	Sharkey, Silvestri, Papili, Bridle	2016
4.	3:47.09	Calvo, McSwain, Lanewala, Bango	2002
5.	3:47.24	Zymet, Nagotko, Silvestri, Pettaway	2014
6.	3:48.51	McSwain, Quintana, Daniels, Bango	1999
7.	3:48.53	Calvo, McSwain, Lanewala, Bango	2002
8.	3:49.08	McSwain, Quintana, Daniels, Bango	1999
9.	3:49.20	Sharkey, Lucke, Papili, Pettaway	2017
10.	3:50.10	A. Sharkey, Bridle, Silvestri, Pettaway	2015

## 4x800-Meter Relay

1.	8:44.94	Waksmunski, Braunegg, Tolli, Casalnova	2012
2.	8:47.89	Fitzgerald, Farmer, Chandler, Bendzinski	2017
3.	8:53.63	Bango, Kyzmir, McConnell, McSwain	2001
	8:53.63	Calvo, Bricker, Marsh, Sawko	2005
5.	8:54.40	Steinke, Fulmer, Dalzell, Hathaway	2009
6.	8:56.96	Hanson-Hall, Wright, Janda, Dalzell	2008
7.	8:57.00	Hanson-Hall, Cranmer-Hart, Janda, Sawko	2007
8.	8:57.80	Cranmer-Hart, Hanson-Hall, Gilbert, Sawko	2007
9.	8:53.67	Waksmunski, Horleman, Braunegg, Tolli	2013
10.	8:58.01	Tolli, Holbrook, Waksmunski, Casalnova	2011

## Sprint Medley Relay

1.	3:58.98	Daniels, Bourn, McSwain, Bango	2000
2.	4:00.33	Zymet, Nagotko, Silvestri, Casalnova	2014
3.	4:07.11	Vanden Broek, Lanewala, Boley, Bricker	2005

## Distance Medley Relay

1.	11:38.54	Chandler, Sharkey, Farmer, Bendzinski	2017
2.	11:41.57	Cranmer-Hart, Trentacoste, Sawko, Stevens	2006
3.	11:45.88	Tolli, Nagotko, Casalnova, Liggett	2012
4.	11:46.77	Liggett, Zymet, Casalnova, Fulmer	2011
5.	11:48.03	Waksmunski, Zymet, Chandler, Casalnova	2014
6.	11:51.68	Sweitzer, Quintana, Bango, A. Hamlin	1999
7.	11:55.68	Sweitzer, Richardson, Ryan, A. Hamlin	1998
8.	11:55.73	Chandler, Nagotko, Cerney, Bendzinski	2015
9.	11:56.28	Fulmer, Dalzell, Hathaway, Moniz	2009
10.	11:57.32	Braunegg, Haney, Roche, Tolli	2013

The Top-10 lists represent the 10 best performers in Bucknell history in each event. Therefore, while a single person may hold 10 (or more) best performances in any given event, that person is listed only once, with her personal-best mark.

# INDOOR TOP 10s

## 55-Meter Dash

1.	7.12	Tameka Hinton	1994
2.	7.24	Lynnette McBride	1990
3.	7.28	Sue Rowland	1987
	7.28	Yetunde Daniels	2000
5.	7.31	Tricia Plasko	1991
	7.31	Christina Muccio	2009
7.	7.34	Tolu Fayanjuola	2003
8.	7.35	Chessa Forer	2006
9.	7.38	Danielle Todman	2006
10.	7.41	Stephanie Evans	2008

## 55-Meter HH

1.	8.24	Karen Shimomura	1991
2.	8.25	Catherine Trentacoste	2007
3.	8.32	Melanie Buczko	2006
4.	8.37	Kiley MacDonald	2003
5.	8.38	Danielle Todman	2006
6.	8.40	Jamie Lilien	2003
7.	8.43	Tina Hall	1996
8.	8.47	Edwina Bourn	2003
9.	8.52	Margaret Wilkes	1989
	8.52	Sara Vargo	1999

## 60-Meter Dash (run since 2002)

1.	7.62	Kaitlin Salisbury	2017
2.	7.70	Carli Lucke	2018
3.	7.74	Jess Bridle	2016
	7.74	Sasha Hornock	2013
5.	7.75	Tolu Fayanjuola	2004
6.	7.77	Kim Nagotko	2015
7.	7.80	Kafilat Oladiran	2016
8.	7.87	Carly Reiner	2017
9.	7.88	Emma Rice	2012
10.	7.90	Christina Muccio	2009

## 60-Meter Hurdles (run since 2002)

1.	8.68	Kafilat Oladiran	2018
2.	8.78	Catherine Trentacoste	2007
3.	8.84	Taylor Funk	2012
4.	8.89	Melanie Buczko	2005
5.	8.91	Jenn Silvestri	2014
6.	9.02	Jamie Leacock	2011
7.	8.98	Chrissy Haney	2015
8.	9.07	Janiel Slowly	2016
9.	9.10	Jamie Lilien	2004
10.	9.15	Danielle Todman	2005

## 200-Meter Dash

1.	24.37	Jess Bridle	2016
2.	24.65	Kim Nagotko	2014
3.	24.89	Jennifer Zymet	2013
4.	24.94	Yetunde Daniels	2000
5.	24.95	Tameka Hinton	1994
6.	25.06	Kaitlin Salisbury	2018
7.	25.46	Allison Sharkey	2017
8.	25.54	Emily Ryan	2017
9.	25.65	Kimberley Lapszynski	2016
10.	25.72	Rehana Lanewala	2002

## 300-Meter Dash

(No longer competed in Division I)

1.	39.75	Jess Bridle	2015
2.	40.25	Kim Nagotko	2015
3.	40.65	Jennifer Zymet	2012
4.	41.52	Jenn Silvestri	2013
5.	41.54	Tameka Hinton	1992
6.	41.66	Allison Sharkey	2017
7.	41.81	Catherine Trentacoste	2006
8.	41.82	Chrissy Haney	2015
9.	41.99	Kalle James-Wintjen	2006
10.	42.22	Elyse Pettaway	2017

## 400-Meter Dash

1.	55.33	Jess Bridle	2016
2.	55.93	Jennifer Zymet	2014
3.	56.19	Kim Nagotko	2015
4.	56.74	Yetunde Daniels	2000
5.	56.89	Stephanie Bango	2002
6.	57.01	Elyse Pettaway	2017
7.	57.07	Margaret Sliney	2017
8.	57.14	Jennifer Dietrich	2018
9.	57.16	Allison Sharkey	2017
10.	57.26	Amy Calvo	2004

## 500-Meter Dash

1.	1:12.92	Jennifer Zymet	2014
2.	1:13.78	Margaret Sliney	2017
3.	1:14.25	Megan Hathaway	2009
4.	1:15.00	Jen Silvestri	2016
5.	1:15.01	Amy Calvo	2003
6.	1:15.27	LaTonya McSwain	2000
7.	1:15.37	Stephanie Bango	2002
8.	1:15.53	Allison Sharkey	2017
9.	1:15.56	Monique Boley	2005
10.	1:15.59	Christa Sawko	2005

## 800-Meter Run

1.	2:09.08	Stephanie Bango	2002
2.	2:09.18	Christa Sawko	2005
3.	2:10.27	Tiara Tardy	2018
4.	2:10.59	Hana Casalnova	2014
5.	2:12.13	Megan Hathaway	2009
6.	2:13.17	Caroline Tolli	2013
7.	2:13.42	LaTonya McSwain	2002
8.	2:13.60	Pamela Richardson	1996
9.	2:13.82	Christine Bendzinski	2015
10.	2:14.22	Amy Calvo	2005

## 1,000-Meter Run

1.	2:46.21	Sarah Chandler	2016
2.	2:49.81	Hana Casalnova	2013
3.	2:50.68	Christine Bendzinski	2015
4.	2:50.79	Beth Braunnegg	2013
5.	2:50.88	Caroline Tolli	2013
6.	2:51.31	Tiara Tardy	2018
7.	2:52.52	Jenna Farmer	2017
8.	2:53.90	Christa Sawko	2006
9.	2:54.21	Jennifer Marsh	2005
10.	2:54.35	Pamela Richardson	1999

## 1,500-Meter Run

(No longer competed in Division I)

1.	4:39.63	Julie Sweitzer	1997
2.	4:39.93	Kathy Wurster	1994
3.	4:40.37	Gena Korrell	1989
4.	4:40.66	Gabi Czaja	1985
5.	4:41.74	Gina Abraham	1991
6.	4:42.44	Liz Ludwigson	1987
7.	4:44.74	Katrina Bikis	1983
8.	4:46.14	Tracey Bigley	1985
9.	4:46.88	Debbie Passmore	1983
10.	4:47.22	Mary Beth Allen	1988

## Mile

1.	4:43.12	Christine Bendzinski	2018
2.	4:49.99	Caroline Tolli	2013
3.	4:50.04	Sarah Chandler	2017
4.	4:52.41	Julie Sweitzer	1997
5.	4:53.78	Erin Cranmer-Hart	2007
6.	4:55.74	Kelly McConnell	2002
7.	4:55.97	Colleen Buckley	2018
8.	4:57.26	Maddie Dulac	2012
9.	4:58.11	Christa Sawko	2007
10.	4:59.15	Emily Liggett	2012

## 3,000-Meter Run

1.	9:27.37	Christine Bendzinski	2017
2.	9:36.18	Colleen Buckley	2017
3.	9:46.27	Gabi Czaja	1985
4.	9:50.01	Becki Marshall	2001
5.	9:50.33	Sarah Moniz	2010
6.	9:50.93	Emily Liggett	2012
7.	9:53.65	Stephanie Fulmer	2011
8.	9:54.58	Kate Scott	2016
8.	9:54.99	Sarah Chandler	2017
9.	9:55.00	Maddie Dulac	2012

## 5,000-Meter Run

1.	16:47.79	Kate Scott	2016
2.	16:55.89	Colleen Buckley	2018
3.	16:56.76	Gabi Czaja	1985
4.	16:59.78	Judy Perry	1987
5.	17:01.16	Lauren Gronbeck	2017
6.	17:11.15	Katie Jessee	2015
7.	17:12.57	Theresa Dennis	2003
8.	17:16.61	Jennifer Hart	2000
9.	17:22.73	Leanna Nastase	2007
10.	17:25.06	Deanna Godby	2015

## Long Jump

1.	19-1 1/2	Jen Rice	1998
2.	19-0 1/2	Tolu Fayanjola	2005
3.	18-10 3/4	Kaitlin Salisbury	2017
	18-10 3/4	Alexa DiGregorio	2018
	18-10 3/4	Lynnette McBride	1991
5.	18-8 1/2	Kim McGrath	2000
6.	18-8	Nina Reinhardt	2006
7.	18-6 1/2	Olivia Massey	2013
	18-6 1/2	Alyssa Cardillo	2013
9.	18-6	Kim Lapszynski	2015
10.	18-3 3/4	Devon McDonald	2016

## Triple Jump

1.	41-1 1/2	Jill Wise	1988
2.	40-9 3/4	Efe Agege	2015
3.	39-7	Carly Reiner	2017
4.	39-3 1/4	Kim McGrath	2000
5.	39-1 1/4	Kaitlin Salisbury	2017
6.	38-10 1/2	Ann Doty	2004
7.	38-9 3/4	Alexandra Romanelli	2012
8.	38-8 3/4	Amy Mantush	2008
9.	38-8 1/2	Jen Rice	1998
10.	38-0 3/4	Alexis Auman	2017

## High Jump

1.	5-8	Amy Mantush	2010
2.	5-7 1/4	Heather Dahl	1986
3.	5-7	Lauren Hudson	2017
4.	5-6 1/2	Jen Rice	1998
5.	5-5 1/2	Lonnie Fertik	1980
6.	5-5 1/4	Jamie Lilien	2001
7.	5-5	Pam DelRio	1985
	5-5	Shannon Maher	2002
	5-5	Kati Dempsey	2005
	5-5	Emily Ando	2012
	5-5	Alexandra Butz	2018

## Shot Put

1.	47-10 3/4	Chelsey Musante	2010
2.	47-10	Sophia Nnadi	2016
3.	47-0 3/4	Sarah Bella	2012
4.	46-3 1/2	Abigail Brundage	2015
5.	46-3 1/4	Ella Schultz	2017
6.	46-2	Marjorie Grap	2007
7.	45-5 1/4	Lori Allen	2000
8.	44-4	Tria Tyler	1999
9.	44-1 1/4	Delia Sipe	2018
10.	43-7	Rebecca Misko	2018

# INDOOR TOP 10s

## 20-Pound Weight Throw

1.	65-7 1/2	Marjorie Grap	2007
2.	59-7	Chelsey Musante	2009
3.	57-2	Molly Montalvo	2018
4.	56-5 3/4	Abby Monaghan	2012
5.	54-11 1/2	Amanda Mockbee	2008
6.	54-11 1/4	Sarah Bella	2012
7.	54-3 3/4	Sophia Nnadi	2016
8.	54 1/2	Maria Garcia	2004
9.	53-9 3/4	Angie McFarland	2005
10.	53-0 1/4	Lisa Allen	1997

## Pole Vault

1.	13-5 1/2	Melanie Buczko	2005
2.	12-3 1/2	Angie Hall	2005
3.	12-1 1/2	Rebecca Frey	2009
4.	12-1	Andrea Nyce	2002
5.	11-11 3/4	Emily Ando	2013
	11-11 3/4	Chloe Brown	2018
6.	11-9 3/4	Autumn Schellenberger	2013
	11-9 3/4	Yanelis Mestre	2013
	11-9 3/4	Jenna Calandro	2015
10.	11-4 1/2	Kristin Sundy	2015
	11-5 3/4	Alexandra Butz	2018

## Pentathlon

1.	3,504	Nina Reinhardt	2007
2.	3,460	Lonnie Fertik	1982
3.	3,449	Amy Mantush	2010
4.	3,403	Sara Vargo	1999
5.	3,400	Norine Nadeau	1994
6.	3,315	Alexis Auman	2017
7.	3,311	Isabella Bjorkeson	2018
8.	3,297	Alison Varano	2016
9.	3,271	Jamie Lilien	2001
10.	3,267	Danielle Todman	2006

## 4x400-Meter Relay (Mile Relay+1.2)

1.	3:42.68	Bridle, Nagotko, Silvestri, Zymet	2014
2.	3:43.03	Sharkey, Bridle Papili, Silvestri	2016
3.	3:45.38	Sharkey, Pettaway Silvestri, Bridle	2016
4.	3:46.28	Zymet, Bridle, Hornock, Nagotko	2013
5.	3:46.68	Sharkey, Ryan Sliney, Pettaway	2017
6.	3:47.13	McSwain, Daniels, Wolfgang, Bango	2000
7.	3:47.64	Bango, McSwain, Wolfgang, Daniels	2000
8.	3:47.75	Sharkey, Bridle Papili, Silvestri	2016
9.	3:48.11	A. Sharkey, Pettaway Silvestri, Nagotko	2015
10.	3:48.75	A. Sharkey, Haney Nagotko, Silvestri	2015

## 4x800-Meter Relay (Two-mile-3.0)

1.	8:50.58	Harris, Sliney Bendzinski, Chandler	2017
2.	8:53.53	Harris, Tan-Torres Bendzinski, Chandler	2016
3.	8:55.51	Cerney, Harris Chandler, Bendzinski	2015
4.	8:55.57	Farmer, Mincone, Tardy, Bendzinski	2018
5.	8:57.71	Ryan, McConnell, McSwain Bango	2001
6.	8:58.26	Bricker, Hanson-Hall, Gilbert, Sawko	2006
7.	8:59.38	Ryan, McConnell, McSwain, Bango	2001
8.	9:00.10	Bango, McSwain, Sweitzer, O'Doherty	1999
9.	9:00.22	Bango, McSwain, Swetizer, O'Doherty	1999
10.	9:00.87	Tan Torres, Pearse, Chandler, Roche	2014

## Distance Medley Relay (DMR metric+5.0)

1.	11:27.11	Chandler, Sharkey Sliney, Bendzinski	2017
2.	11:34.61	Bendzinski, Bridle Chandler, Harris	2016
3.	11:35.10	Bango, Lanewala, McSwain, McConnell	2002
4.	11:36.05	Cranmer-Hart, Sawko, Trentacoste, Stevens	2006
5.	11:41.76	Braunegg, Zymet, Casalnova, Liggett	2012
6.	11:42.17	Fitzgerald, Ryan Sliney, Chandler	2017
7.	11:49.40	Fitzgerald, Papili Farmer, Thomson	2017
8.	11:50.29	Casalnova, Zymet, Braunegg, Tolli	2013
9.	11:51.34	Chandler, Tan-Torres Harris, Bendzinski	2017
10.	11:51.47	Braunegg, Zymet, Horleman, Liggett	2011

## Sprint Medley Relay

1.	4:05.44	Trentacoste, James-Wintjen, Forer, Sawko	2007
2.	4:08.7	Hinton, Harbst, Plasko, Abraham	1992
3.	4:09.25	Allen, Lanewala, Vanden Broek, Bricker	2005
4.	4:10.90	Waterhouse, Reynolds Mincone, Sliney	2017
5.	4:11.46	Hathaway, Pierce, Evans, Janda	2008
6.	4:11.52	Dietrich, Shewbrooks, Glew, Tardy	2018
7.	4:11.91	Zymet, Bretscher, Hornock, Casalnova Hornock, Casalnova	2011
7.	4:13.18	Hathaway, James-Wintjen, Appel, Fulmer	2009
8.	4:14.18	Allen, Emons,	2006
9.	4:14.51	Rooney, Kennedy Salisbury, G. Mincone	2018
10.	4:16.59	Vanden Broek, Sawko Hathaway, Reinhardt, Mantush, Fink	2007

## Shuttle Hurdles Relay

1.	32.0	Wilkes, Shimomura, Kernisan, James	1990
	32.0	Conover, Nadeau, Hall, Dean	1995
3.	32.3	Unknown	1991
4.	33.23	Buczko, Trentacoste, Reinhardt, Todman	2006
5.	33.42	Buczko, Trentacoste, Allen, Todman	2005

The Top-10 lists represent the 10 best performers in Bucknell history in each event. Therefore, while a single person may hold 10 (or more) best performances in any given event, that person is listed only once, with her personal-best mark.

\* - Indicates time converted from yards

# STADIUM RECORDS

## Gerhard Fieldhouse Records (Indoor)

55m	S. Patterson (G. Mason) .....	6.89	1998
60m	M. Jackson (UMBC) .....	7.46	2014
200m	S. Okpoebo (Holy Cross) .....	24.25	2014
300m	A. Johnson (Georgetown) .....	39.61	2009
400m	L. McNary (Howard) .....	55.07	2006
500m	J. Helms (Navy) .....	1:13.22	2000
600m	T. Hart (Penn St.) .....	1:31.7	1982
800m	T. Hart (Penn St.) .....	2:09.64	1984
1000m	D. Startare (Penn St.) .....	2:50.14	1983
1500m	B. Leddy (Villanova) .....	4:29.14	1980
	D. Startare (Penn St.) .....	4:29.14	1982
Mile	R. Donaahue (Unattached) .....	4:42.13	2006
3000m	C. Ihrig (Penn St.) .....	9:26.6	1980
5000m	K. Spratford (Shippensburg).....	16:34.71	2012
55m HH	V. Johnson (Unattached) .....	7.57	2006
60m H	L. Buckley (Howard).....	8.42	2009
4x200	UMBC.....	1:44.26	2007
4x400	Maryland "A" .....	3:46.32	2000
4x800	George Mason.....	8:59.06	1997
DMR	George Mason.....	11:55.2	1996
SMR	George Mason.....	4:04.87	1998
SHR	Mount St. Mary's .....	32.54	2006
LJ	A. Brown (G. Mason) .....	20-8	1997
TJ	D. Brown (Cornell) .....	40-9 1/2	1999
HJ	K. Gaito (Open).....	5-10	1982
Shot	C. Bore I (UMBC).....	55-4 1/4	2002
WT	J. Leatherman (Unattached).....	68-6 1/2	2006
Pent.	J. Alston (Maryland).....	3,863	1982
PV	M. Buczko (Bucknell) .....	13-4 1/4	2007

## Christy Mathewson-Memorial Stadium (Outdoor)

55m	S. Patterson (G. Mason) .....	6.89	1998
100m	B. Johnson (St. Francis).....	11.68	2014
200m	K. Seymour (Penn State) .....	23.66	2014
400m	F. Dorr (Penn State) .....	53.61	2010
800m	A. Henry (Buffalo) .....	2:07.49	2012
1500m	C. Bendzinski (Bucknell).....	4:16.54	2018
Mile	L. Young (West Chester) .....	5:14.4	1983
3000m	L. Gubicza (Fordham).....	9:19.7	1993
5000m	J. Culley (Unattached).....	16:08.08	2007
10000m	K. Kellner (Cornell) .....	34:02.54	2013
100m HH	A. Barber (Penn State).....	13.52	2007
400m IH	A. Barber (Penn State).....	58.54	2007
Steeple	T. Gerlach (Penn State) .....	9:50.60	2017
HJ	E. Siuciak (Buffalo).....	5-10 3/4	2014
LJ	J. Maduka (Cornell) .....	20-6 1/4	2007
TJ	J. Maduka (Cornell) .....	43-2 1/4	2007
Shot Put	R. O'Brien (Unattached) .....	57-8 1/2	2012
Discus	R. O'Brien (Buffalo).....	169-3	2011
PV	M. Garner (West Vir.).....	13-1 1/2	2014
	K. Pitman (Ithaca) .....	13-1 1/2	2014
Javelin	M. Fiamoncini (Bucknell) .....	178-2	2018
Hammer	M. Kurzdorfer (Penn St.) .....	203-1	2012
4x100	Penn State.....	45.34	2014
4x400	Cornell .....	3:36.26	2015
4x800	Bucknell .....	8:59.33	2010
Hept.	A. Huffman (Monmouth) .....	4,922	2005

# BUCKNELL ATHLETICS HALL OF FAMERS

**Stephanie Bango '02:** Track & Field - Inducted in 2012 - Bango graduated with 21 Patriot League gold medals, which still stands as the school record, 15 of which came in the 800 meters or 4x800. She also led her team to seven titles and one runner-up finish. Bango broke the six-year-old indoor record in the 800 by more than four seconds, a record that still stands. A six-time All-East performer, she was named to the Patriot League All-Decade Team and was the recipient of the Christy Mathewson Award.

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**Gabrielle L. Czaja '85:** Cross Country/Track - Inducted in 2000 - Czaja won 12 letters as a standout for the cross country and track & field teams. She led the cross country team to three ECC crowns and improved her individual finish at the championship meet each season, capping her career with an individual title in 1984.

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**Yetunde Daniels Rubinstein '00:** Track & Field - Inducted in 2012 - Daniels graduated with six school track & field records and 16 Patriot League gold medals. A member of the Patriot League All-Decade Team, she was named the Athlete of the Meet at the 1997 PL Indoor Championships and four won league titles in the outdoor 200 meters. The co-winner of the 2000 Christy Mathewson Award, Daniels still holds the Bucknell records in the indoor 200, 400 and 4x400 relay as well as the outdoor 200, 400 and sprint medley relay.

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**Lonnie Fertik Williard '83:** Track & Field - Inducted in 1994 - The first woman to earn All-America honors in track & field at Bucknell, Williard set seven indoor and outdoor school records and finished fourth in the heptathlon at the AIAW Division II National Championships in 1982.

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**Tameka Hinton '95:** Track & Field - Inducted in 2005 - Hinton graduated with 19 conference track & field gold medals, including four straight in the 55-meter dash, 100-meter dash and 200-meter dash. Proving her versatility and incredible athleticism, she also earned a league title in the shot put. Hinton was named Outstanding Performer of the Patriot League Championships three times and was elected to the Patriot League All-Decade Team.

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**Becki Marshall '02:** Cross Country/Track - Inducted in 2013 - Marshall won the Patriot League Women's Cross Country Championship in 1999, 2000 and 2001 and was named to the Patriot League Women's Cross Country All-Decade Team in 2000 - following her sophomore year. She was an All-Region honoree in 1999. Marshall was also a Patriot League champion in the 1,500 and 5,000 meters as well as the distance medley relay and was a part of seven Patriot League championship squads in track and field. Marshall was a national Academic All-America Third Team selection in 2002.

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**Lynnette McBride '91:** Track & Field - Inducted in 2010 - A superior athlete who helped set the stage for the championship-caliber program of today, McBride won Patriot League long jump titles both indoors and outdoors as a senior and was the East Coast Conference outdoor long jump champion in 1990. McBride also ran the anchor leg of Bucknell's victorious 4x400-meter relay that clinched the team title for the Bison at the inaugural Patriot League Outdoor Championships in 1991 and won the Patriot League Scholar-Athlete of the Year award for indoor track and field as a senior.

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**Susan Rowland Miller '89:** Track & Field - Inducted in 1999 - Rowland was a four-year letterwinner in both indoor and outdoor track and served as a co-captain of the track teams during her junior and senior seasons. She became one of the premier sprinters in Bucknell history and continues to rank in the program's top-10 lists for the 100 and 200.

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**Judy Perry West '90:** Cross Country/Track - Inducted in 2008 - Earned 12 career varsity letters in cross country, indoor and outdoor track and field, and she was the No. 1 runner on four East Coast Conference champion cross country teams. She was also part of three ECC track championship teams and five others that finished second. At the 1987 Penn Relays, she ran 35:05.14 in the 10,000-meter run. That smashed the previous school record by 58 seconds, and today her time still holds up as the Bucknell record by more than 54 seconds.

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**Julie Sweitzer Granger '99:** Cross Country/Track & Field - Inducted in 2011 - In cross country, Sweitzer became Bucknell's first NCAA Championship qualifier in 1997 and was the Patriot League individual champion in 1997 and 1998. Sweitzer was also All-East in the indoor mile and outdoor 3,000 meters. She was named Patriot League Athlete of the Meet at the 1998 PL Indoor Championships, and her seven indoor gold medals are tied for fourth-most in program history. A part of four PL Championship teams, Sweitzer was a six-time PL Scholar-Athlete of the Year and a Third Team Academic All-American in 1999.

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**Jill Wise Smith '89:** Track & Field - Inducted in 2001 - Wise became the first Bucknell woman to compete in an NCAA Track & Field Championship when she qualified for the indoor meet in the triple jump in 1988. She continues to hold both program triple jump marks by wide margins.

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**Coach Art Gulden:** Legendary Bucknell cross country and track and field coach Art Gulden passed away in May of 2001. Gulden was at the helm of the Bucknell cross country and track and field programs for 31 years. Gulden led Bucknell to 68 conference titles and was named the Patriot League Coach-of-the-Year 20 times in the 11 years he coached in the conference.

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He served in many positions in the world of cross country and track and field including stints as the president of the IC4A Cross Country and Track and Field Coaches Association and the U.S. Cross Country Coaches Association. Gulden was inducted into the USTFCCA Hall of Fame in 2009.

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